

## Where's Sandisfield?



### 5K Fall Run!

## Sunday September 29, 2019

5K will start at Lower Spectacle Pond boat ramp (Cold Spring Road, Sandisfield) and head down the road towards Rt. 23 for 1.55 miles then turn around and run back on the road to the boat ramp at Lower Spectacle Pond. Race parking will be on Cold Spring Road and some availability of parking lot off Cold Spring Road. Race will benefit the Friends of the Sandisfield Community Center and Library. After the race medals will be distributed at Spectacle Pond and The Sandisfield Fire Department will be hosting a Refreshment Stand for Lunch (Additional Cost).

### Race Start Time 10:30 am.

Shirts guaranteed for the first 50 registered participants who registered by September 1, 2019.

Pre-registration is \$20.00 with a \$2.00 credit card processing fee. Registration can be mailed in with a check or dropped off at the Berkshire Running Center with check or cash to save the \$2.00 processing fee.

Day of Race Registration \$30.00.

#### Pick up Information:

Bibs can be picked up on Sunday, day of the race, from 9:00am - 10:00am at Lower Spectacle Pond Registration tent (next to the boat ramp).

First: \_\_\_\_\_ Last: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Email Address: \_\_\_\_\_

Gender Specific Shirts: Youth: S, M, L, XL Men's: S, M, L, XL Women's: S, M, L, XL

Information Contact Berkshire Running Center at 413-344-4472 or [www.berkshirerunningcenter.com](http://www.berkshirerunningcenter.com)

I hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Where's Sandisfield, Fall Run 2018 Race, its affiliates, and subsidiaries, and their respective officers, directors, and employees; Berkshire Running Center; and sponsors, coordinating groups, and any individuals associated with the event, their representatives, successors, and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all the foregoing to use my likeness in all media, including photographs, recordings, my story, or any other record of this event for any legitimate purpose.

Runner's Signature: \_\_\_\_\_

Parent/Guardian if runner is under 18: \_\_\_\_\_