



SMS “Run for Your Life” 5K

Saturday, November 2, 2019 at Lee Middle/High School

Join us for a unique Halloween inspired 5K Race on the Lee High School Cross Country course (mixed terrain). You will have to make it through monster infested chase zones where they will try to steal your life force. Each competitor will be wearing a flag belt with three life flags. In order to be a survivor, you must finish with at least one of your flags attached. Timing will be done by Berkshire Running Center. **All race proceeds will benefit the children of St. Mary’s School.**

St. Mary’s School “Run for Your Life” Cross-Country 5K Race

Date: Saturday, November 2, 2019 at Lee Middle/High School, 300 Greylock St., Lee, MA.

Race Start Time: 10:00 AM

Race Day Registration/check in: 8:30-9:30 AM at the Lee Middle/High School parking lot.

Registration: available online at www.berkshirerunningcenter.com, race forms will also be available at St. Mary’s School office, 115 Orchard St., Lee, or on the day of the race. Note that the waiver must be signed before the start of the race.

Registration Fee: \$25 by October 25, \$30 thereafter and on Race Day.

Payment: online through Berkshire Running Center or via check made payable to:
St.Mary’s School, 115 Orchard Street, Lee, MA 01238 (cash accepted on race day)

Contact info: For more details please contact via email at smsRFYL5k@gmail.com

****First 50 registrants are guaranteed tshirts, limited shirts may be available race day for sale.(Sizes may vary)**

Top male and female finishers in each age category will be recognized: 15 and Under, 16-19, 20-29, 30-39, 40-49, 50-59, 60 and Over

REGISTRATION INFORMATION:

Name: _____

Address: _____

Email: _____

Phone: _____ Gender ☐ Male ☐ Female

Age (on day of Race): _____

T-shirt Size: (Adult) ☐ XS ☐ Small ☐ Medium ☐ Large ☐ XL ☐ XXL

ST. MARY'S SCHOOL 5K RACE WAIVER AND RELEASE OF LIABILITY FOR PARTICIPANTS

Participant Information:

Name: _____

Phone: _____

Date of Birth: _____

Emergency Contact:

Name: _____

Phone: _____

Relation: _____

In consideration of being permitted to participate in the St. Mary's School 5K Run on Saturday, November 2, 2019 (or rescheduled date if applicable), I agree to assume all risks inherent in participation in such event, whether they are apparent to me or not. I certify that I am in good physical health and fit to participate. Nevertheless, I acknowledge that participation in said event carries an inherent risk of injury to my person and damage to my property. I hereby waive and release, for myself and for my heirs and assigns, any and all claims, causes of action, or liabilities which may hereafter accrue against St. Mary's School, Lee Public Schools, and their affiliates, their agents, employees, volunteers, officers, directors, successors and assigns, the Town of Lee, and any and all sponsors, their representatives or successors, that may arise as a result of my participation in the St. Mary's School 5K Run, including any and all claims for personal injuries caused by negligence.

Further, I grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of these events for any legitimate purpose, including commercial advertising, without monetary payment to me. (This information is protected by the Privacy Act).

☐ By checking this box, I agree to the waiver above

Signature (parent/guardian if under 18): _____ Date: MM / DD / YYYY