



**BCC' Physical Therapist Assistant Club present's
Wellness Day 5k & 1 Mile Walk
April 25, 2020**

All proceeds donated to Volunteers in Medicine Berkshires

Location: Paterson Field House, Berkshire Community College, 1350 West Street, Pittsfield, MA

- 5K race starts at 9:30am 1 mile walk starts at 9:45am
- Registration fee is \$25 (all proceeds going to Volunteers in Medicine Berkshires)
- \$30 Day of Registration from 8:30AM-9:15 AM
- Races will be timed by Berkshire Running Center
- Gift certificates for first male and female finishers
- FREE long sleeve T-shirt for all who register before April 23, 2020
- Race will happen in most weather conditions.
- Registration fees are non-refundable but are transferable
- Pre-registration includes a \$2 processing fee

Register online at www.berkshirerunningcenter.com by Thursday, April 23, 2020 or mail to Berkshire Running Center by Thursday, April 9, 2020. Make checks to: Berkshire Running Center, 34 Depot St. Pittsfield, MA 01201

First Name: _____ Last Name: _____

Gender: M / F

Age as of April 25, 2020: _____ Email address: _____

Check one: ☐ 1 mile walk ☐ 5K

** Unisex adult t-shirt (check one) ☐ S ☐ M ☐ L ☐ XL

**** Every effort will be made to honor requested shirt size but size requested is not guaranteed**

Waiver: I release all of the sponsors and organizers of this race from all liability should I suffer any harm from participation in this race. I am physically fit and have prepared for this race and understand the risks involved. I also understand that the race may be canceled if unsafe conditions exists at race time and that no refunds will be made.

Signature: _____ Date: _____

Parent or Guardian signature if under 18: _____ Date: _____