

Glen Meadows 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	WEBB PEYTON		M: 1	Runner	139	00:21:44.95	07:00	8.6mph	Overall Male Runner: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:11:38.522	07:29	8.0mph	00:11:38.522	
				Split 2		00:10:06.433	06:30	9.2mph	00:21:44.955	
2	PRESTON KELLER	NORTH ADAMS, MA	M: 2	Runner	133	00:24:22.37	07:50	7.6mph	Overall Male Runner: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:12:06.927	07:47	7.7mph	00:12:06.927	
				Split 2		00:12:15.443	07:53	7.6mph	00:24:22.370	
3	CIVELLO NICHOLAS		M: 3	Runner	142	00:27:35.71	08:52	6.8mph	Overall Male Runner: 3	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:13:45.992	08:51	6.8mph	00:13:45.992	
				Split 2		00:13:49.719	08:54	6.7mph	00:27:35.711	
4	FRANCOM LONI		F: 1	Runner	143	00:28:46.99	09:15	6.5mph	Overall Female Runner: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:13:53.265	08:56	6.7mph	00:13:53.265	
				Split 2		00:14:53.727	09:35	6.3mph	00:28:46.992	
5	LEANNE CURRAN	LEE, MA	F: 2	Runner	134	00:29:52.20	09:36	6.2mph	Overall Female Runner: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:14:34.174	09:22	6.4mph	00:14:34.174	
				Split 2		00:15:18.028	09:50	6.1mph	00:29:52.202	
6	ERICA MORIN		F: 3	Runner	147	00:31:36.96	10:10	5.9mph	Overall Female Runner: 3	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:16:02.274	10:19	5.8mph	00:16:02.274	
				Split 2		00:15:34.686	10:01	6.0mph	00:31:36.960	
7	WEBB BETH		F: 4	Runner	138	00:31:59.82	10:17	5.8mph	Overall Female Runner: 4	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:15:48.834	10:10	5.9mph	00:15:48.834	
				Split 2		00:16:10.995	10:25	5.8mph	00:31:59.829	
8	CAROL CUSHENETTE	ADAMS, MA	F: 5	Runner	118	00:34:41.63	11:10	5.4mph	Overall Female Runner: 5	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:17:31.118	11:16	5.3mph	00:17:31.118	
				Split 2		00:17:10.512	11:03	5.4mph	00:34:41.630	
9	MANDY DEAN	NORTH ADAMS, MA	F: 6	Runner	131	00:34:48.02	11:12	5.4mph	Overall Female Runner: 6	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:17:20.227	11:09	5.4mph	00:17:20.227	
				Split 2		00:17:27.795	11:14	5.3mph	00:34:48.022	
10	DOSHIER JEFF		M: 4	Runner	136	00:34:56.10	11:14	5.3mph	Overall Male Runner: 4	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:16:38.151	10:42	5.6mph	00:16:38.151	
				Split 2		00:18:17.949	11:46	5.1mph	00:34:56.100	
11	KLEIN DAWN		F: 7	Runner	140	00:37:04.43	11:55	5.0mph	Overall Female Runner: 7	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:18:08.569	11:40	5.1mph	00:18:08.569	
				Split 2		00:18:55.861	12:11	4.9mph	00:37:04.430	
12	RACHEL TOMKOWICZ	ADAMS, MA	F: 8	Runner	117	00:37:27.99	12:03	5.0mph	Overall Female Runner: 8	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:18:26.957	11:52	5.1mph	00:18:26.957	
				Split 2		00:19:01.036	12:14	4.9mph	00:37:27.993	
13	SARAH PHILLIPS	PITTSFIELD, MA	F: 9	Runner	135	00:37:42.82	12:08	4.9mph	Overall Female Runner: 9	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:17:39.061	11:21	5.3mph	00:17:39.061	
				Split 2		00:20:03.760	12:54	4.6mph	00:37:42.821	
14	BUFFY LORD	PITTSFIELD, MA	F: 10	Runner	115	00:37:45.71	12:09	4.9mph	Overall Female Runner: 10	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:18:44.182	12:03	5.0mph	00:18:44.182	
				Split 2		00:19:01.534	12:14	4.9mph	00:37:45.716	
15	TAREN BALARDINI	DALTON, MA	F: 11	Runner	132	00:41:05.39	13:13	4.5mph	Overall Female Runner: 11	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:20:10.451	12:59	4.6mph	00:20:10.451	
				Split 2		00:20:54.942	13:27	4.5mph	00:41:05.393	
16	SPENCER CHAFFEE		M: 5	Runner	144	00:42:21.48	13:38	4.4mph	Overall Male Runner: 5	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:21:20.383	13:44	4.4mph	00:21:20.383	
				Split 2		00:21:01.103	13:31	4.4mph	00:42:21.486	

Glen Meadows 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
17	JULIETTE WILK-CHAFFEE	ADAMS, MA	F: 12	Runner	113	00:43:32.27	14:00	4.3mph	Overall Female Runner: 12	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:19.916	13:43	4.4mph	00:21:19.916
						Split 2	00:22:12.355	14:17	4.2mph	00:43:32.271
18	AIMEE MUNDAY	DALTON, MA	F: 13	Runner	116	00:44:33.03	14:20	4.2mph	Overall Female Runner: 13	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:32.542	13:52	4.3mph	00:21:32.542
						Split 2	00:23:00.492	14:48	4.1mph	00:44:33.034
19	MURACH CHERIE		F: 14	Runner	137	00:44:38.33	14:22	4.2mph	Overall Female Runner: 14	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:32.901	13:52	4.3mph	00:21:32.901
						Split 2	00:23:05.436	14:51	4.0mph	00:44:38.337
20	MYRA WILK	ADAMS, MA	F: 15	Runner	100	00:45:12.21	14:32	4.1mph	Overall Female Runner: 15	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:20.994	14:23	4.2mph	00:22:20.994
						Split 2	00:22:51.217	14:42	4.1mph	00:45:12.211
21	ESTHER BALARDINI	DALTON, MA	F: 16	Runner	119	00:47:05.38	15:09	4.0mph	Overall Female Runner: 16	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:44.514	14:38	4.1mph	00:22:44.514
						Split 2	00:24:20.871	15:40	3.8mph	00:47:05.385
22	THOMAS BALARDINI	DALTON, MA	M: 6	Runner	130	00:47:05.82	15:09	4.0mph	Overall Male Runner: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:44.421	14:38	4.1mph	00:22:44.421
						Split 2	00:24:21.406	15:40	3.8mph	00:47:05.827
23	KELLI KOZAK	CHESHIRE, MA	F: 17	Runner	112	00:57:47.69	18:36	3.2mph	Overall Female Runner: 17	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:29:09.207	18:46	3.2mph	00:29:09.207
						Split 2	00:28:38.490	18:26	3.3mph	00:57:47.697