

Frosted Mug #2- 101 Restaurant

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	MARK RABASCO		M: 1	Runner	141	00:17:51.70	05:44	10.4mph	Overall Male Runner: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:02:57.510		0.0mph	00:02:57.510
				Split 2		00:03:04.038	05:55	10.1mph	00:06:01.548
				Split 3		00:02:59.470	05:46	10.4mph	00:09:01.018
				Split 4		00:02:58.854	05:45	10.4mph	00:11:59.872
				Split 5		00:02:57.391	05:42	10.5mph	00:14:57.263
				Split 6		00:02:54.445	05:36	10.7mph	00:17:51.708
2	BRYCE SPARE		M: 2	Runner	159	00:18:19.39	05:53	10.2mph	Overall Male Runner: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:02.855		0.0mph	00:03:02.855
				Split 2		00:03:06.306	05:59	10.0mph	00:06:09.161
				Split 3		00:03:04.831	05:56	10.1mph	00:09:13.992
				Split 4		00:02:54.548	05:37	10.7mph	00:12:08.540
				Split 5		00:03:00.900	05:49	10.3mph	00:15:09.440
				Split 6		00:03:09.957	06:06	9.8mph	00:18:19.397
3	MARK DINICOLA		M: 3	Runner	148	00:20:03.71	06:27	9.3mph	Overall Male Runner: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:17.126		0.0mph	00:03:17.126
				Split 2		00:03:22.594	06:31	9.2mph	00:06:39.720
				Split 3		00:03:23.266	06:32	9.2mph	00:10:02.986
				Split 4		00:03:21.679	06:29	9.2mph	00:13:24.665
				Split 5		00:03:23.728	06:33	9.2mph	00:16:48.393
				Split 6		00:03:15.318	06:17	9.5mph	00:20:03.711
4	BILL WRIGHT		M: 4	Runner	130	00:21:17.27	06:51	8.8mph	Male 40 - 49: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:12.629		0.0mph	00:03:12.629
				Split 2		00:03:30.862	06:47	8.8mph	00:06:43.491
				Split 3		00:03:41.698	07:08	8.4mph	00:10:25.189
				Split 4		00:03:38.340	07:01	8.5mph	00:14:03.529
				Split 5		00:03:37.886	07:00	8.6mph	00:17:41.415
				Split 6		00:03:35.859	06:56	8.6mph	00:21:17.274
5	BECKY WILKINSON		F: 1	Runner	143	00:21:36.90	06:57	8.6mph	Overall Female Runner: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:12.489		0.0mph	00:03:12.489
				Split 2		00:03:30.687	06:46	8.8mph	00:06:43.176
				Split 3		00:03:41.873	07:08	8.4mph	00:10:25.049
				Split 4		00:03:43.681	07:11	8.3mph	00:14:08.730
				Split 5		00:03:44.374	07:13	8.3mph	00:17:53.104
				Split 6		00:03:43.805	07:12	8.3mph	00:21:36.909
6	KRISTY MACWILLIAMS		F: 2	Runner	149	00:22:35.93	07:16	8.2mph	Overall Female Runner: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:24.690		0.0mph	00:03:24.690
				Split 2		00:03:41.590	07:07	8.4mph	00:07:06.280
				Split 3		00:03:50.111	07:24	8.1mph	00:10:56.391
				Split 4		00:03:51.723	07:27	8.0mph	00:14:48.114
				Split 5		00:03:54.682	07:33	7.9mph	00:18:42.796
				Split 6		00:03:53.137	07:30	8.0mph	00:22:35.933
7	FABIENNE THERIAULT		F: 3	Runner	107	00:22:56.70	07:23	8.1mph	Overall Female Runner: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:40.671		0.0mph	00:03:40.671
				Split 2		00:03:52.760	07:29	8.0mph	00:07:33.431
				Split 3		00:03:54.255	07:32	8.0mph	00:11:27.686
				Split 4		00:03:53.889	07:31	8.0mph	00:15:21.575
				Split 5		00:03:51.061	07:26	8.1mph	00:19:12.636
				Split 6		00:03:44.072	07:12	8.3mph	00:22:56.708
8	JONATHAN HUNT		M: 5	Runner	158	00:23:00.53	07:24	8.1mph	Male 20 - 29: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Finish		00:03:17.157		0.0mph	00:03:17.157
				Split 2		00:03:35.129	06:55	8.7mph	00:06:52.286
				Split 3		00:03:57.332	07:38	7.9mph	00:10:49.618
				Split 4		00:03:59.583	07:42	7.8mph	00:14:49.201
				Split 5		00:04:03.775	07:50	7.6mph	00:18:52.976
				Split 6		00:04:07.558	07:58	7.5mph	00:23:00.534

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Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
9	NATHAN BACKER	M: 6	Runner	128	00:23:16.60	07:29	8.0mph	Male 40 - 49: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:03:31.425		0.0mph	00:03:31.425
		Split 2			00:03:50.857	07:25	8.1mph	00:07:22.282
		Split 3			00:04:03.205	07:49	7.7mph	00:11:25.487
		Split 4			00:03:58.177	07:39	7.8mph	00:15:23.664
		Split 5			00:04:07.211	07:57	7.5mph	00:19:30.875
		Split 6			00:03:45.728	07:15	8.3mph	00:23:16.603
10	NATHAN JOHNSON	M: 7	Runner	154	00:23:57.94	07:42	7.8mph	Male 40 - 49: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:03:35.540		0.0mph	00:03:35.540
		Split 2			00:03:49.641	07:23	8.1mph	00:07:25.181
		Split 3			00:04:03.622	07:50	7.7mph	00:11:28.803
		Split 4			00:04:04.778	07:52	7.6mph	00:15:33.581
		Split 5			00:04:14.332	08:11	7.3mph	00:19:47.913
		Split 6			00:04:10.034	08:02	7.5mph	00:23:57.947
11	JILL POMPI	F: 4	Runner	152	00:24:09.00	07:46	7.7mph	Female 50 - 59: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:06.441		0.0mph	00:04:06.441
		Split 2			00:04:02.411	07:48	7.7mph	00:08:08.852
		Split 3			00:04:02.294	07:47	7.7mph	00:12:11.146
		Split 4			00:04:00.057	07:43	7.8mph	00:16:11.203
		Split 5			00:03:59.483	07:42	7.8mph	00:20:10.686
		Split 6			00:03:58.322	07:40	7.8mph	00:24:09.008
12	JOSH HASTY	M: 8	Runner	134	00:24:23.90	07:51	7.6mph	Male 40 - 49: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:03:55.243		0.0mph	00:03:55.243
		Split 2			00:04:05.099	07:53	7.6mph	00:08:00.342
		Split 3			00:04:07.816	07:58	7.5mph	00:12:08.158
		Split 4			00:04:06.781	07:56	7.6mph	00:16:14.939
		Split 5			00:04:08.646	08:00	7.5mph	00:20:23.585
		Split 6			00:04:00.318	07:44	7.8mph	00:24:23.903
13	LUKE CELENTANO	M: 9	Runner	129	00:24:37.65	07:55	7.6mph	Male 30 - 39: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:03:58.484		0.0mph	00:03:58.484
		Split 2			00:04:08.722	08:00	7.5mph	00:08:07.206
		Split 3			00:04:13.673	08:09	7.3mph	00:12:20.879
		Split 4			00:04:11.670	08:06	7.4mph	00:16:32.549
		Split 5			00:04:08.798	08:00	7.5mph	00:20:41.347
		Split 6			00:03:56.303	07:36	7.9mph	00:24:37.650
14	ELODIE THERIAULT	F: 5	Runner	131	00:26:04.75	08:23	7.1mph	Female 0 - 19: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:18.142		0.0mph	00:04:18.142
		Split 2			00:04:24.988	08:31	7.0mph	00:08:43.130
		Split 3			00:04:22.656	08:27	7.1mph	00:13:05.786
		Split 4			00:04:26.760	08:35	7.0mph	00:17:32.546
		Split 5			00:04:17.415	08:17	7.2mph	00:21:49.961
		Split 6			00:04:14.793	08:12	7.3mph	00:26:04.754
15	JAMES LYNCH	M: 10	Runner	157	00:26:23.29	08:29	7.1mph	Male 30 - 39: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:52.921		0.0mph	00:04:52.921
		Split 2			00:04:22.151	08:26	7.1mph	00:09:15.072
		Split 3			00:04:18.501	08:19	7.2mph	00:13:33.573
		Split 4			00:04:19.779	08:21	7.2mph	00:17:53.352
		Split 5			00:04:20.188	08:22	7.2mph	00:22:13.540
		Split 6			00:04:09.751	08:02	7.5mph	00:26:23.291
16	RICHARD THERIAULT	M: 11	Runner	108	00:26:37.41	08:34	7.0mph	Male 50 - 59: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:23.105		0.0mph	00:04:23.105
		Split 2			00:04:24.864	08:31	7.0mph	00:08:47.969
		Split 3			00:04:24.918	08:31	7.0mph	00:13:12.887
		Split 4			00:04:29.145	08:39	6.9mph	00:17:42.032
		Split 5			00:04:29.223	08:39	6.9mph	00:22:11.255
		Split 6			00:04:26.161	08:34	7.0mph	00:26:37.416

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Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
17 MELISSA CANATA		F: 6	Runner	145	00:26:39.36	08:34	7.0mph	Female 50 - 59: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:03:54.903		0.0mph	00:03:54.903
		Split 2			00:04:10.785	08:04	7.4mph	00:08:05.688
		Split 3			00:04:40.162	09:01	6.7mph	00:12:45.850
		Split 4			00:04:46.256	09:12	6.5mph	00:17:32.106
		Split 5			00:04:46.010	09:12	6.5mph	00:22:18.116
		Split 6			00:04:21.248	08:24	7.1mph	00:26:39.364
18 BARBARA MCMAHON		F: 7	Runner	123	00:27:14.77	08:46	6.8mph	Female 50 - 59: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:35.853		0.0mph	00:04:35.853
		Split 2			00:04:34.564	08:50	6.8mph	00:09:10.417
		Split 3			00:04:32.881	08:46	6.8mph	00:13:43.298
		Split 4			00:04:30.538	08:42	6.9mph	00:18:13.836
		Split 5			00:04:34.608	08:50	6.8mph	00:22:48.444
		Split 6			00:04:26.334	08:34	7.0mph	00:27:14.778
19 ROBIN AVERY	ADAMS, MA	F: 8	Runner	155	00:27:40.09	08:54	6.7mph	Female 60 - 69: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:26.252		0.0mph	00:04:26.252
		Split 2			00:04:35.654	08:52	6.8mph	00:09:01.906
		Split 3			00:04:38.811	08:58	6.7mph	00:13:40.717
		Split 4			00:04:38.921	08:58	6.7mph	00:18:19.638
		Split 5			00:04:41.410	09:03	6.6mph	00:23:01.048
		Split 6			00:04:39.045	08:58	6.7mph	00:27:40.093
20 ANGELINE NIES-BERGER		F: 9	Runner	111	00:28:41.31	09:14	6.5mph	Female 30 - 39: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:53.832		0.0mph	00:04:53.832
		Split 2			00:04:41.040	09:02	6.6mph	00:09:34.872
		Split 3			00:04:42.224	09:05	6.6mph	00:14:17.096
		Split 4			00:04:53.879	09:27	6.3mph	00:19:10.975
		Split 5			00:04:51.441	09:22	6.4mph	00:24:02.416
		Split 6			00:04:38.899	08:58	6.7mph	00:28:41.315
21 SARAH KENYON		F: 10	Runner	116	00:28:58.22	09:19	6.4mph	Female 40 - 49: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:34.185		0.0mph	00:04:34.185
		Split 2			00:04:45.230	09:10	6.5mph	00:09:19.415
		Split 3			00:04:52.538	09:24	6.4mph	00:14:11.953
		Split 4			00:04:58.341	09:36	6.2mph	00:19:10.294
		Split 5			00:05:01.890	09:43	6.2mph	00:24:12.184
		Split 6			00:04:46.043	09:12	6.5mph	00:28:58.227
22 KATIE CAPOZZI		F: 11	Runner	127	00:29:00.00	09:20	6.4mph	Female 30 - 39: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:07.784		0.0mph	00:05:07.784
		Split 2			00:04:44.927	09:10	6.5mph	00:09:52.711
		Split 3			00:04:57.550	09:34	6.3mph	00:14:50.261
		Split 4			00:04:44.575	09:09	6.6mph	00:19:34.836
		Split 5			00:04:44.326	09:09	6.6mph	00:24:19.162
		Split 6			00:04:40.843	09:02	6.6mph	00:29:00.005
23 ALLIE TSCHILIN		F: 12	Runner	160	00:29:01.26	09:20	6.4mph	Female 30 - 39: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:09.641		0.0mph	00:05:09.641
		Split 2			00:04:44.728	09:09	6.5mph	00:09:54.369
		Split 3			00:04:44.152	09:08	6.6mph	00:14:38.521
		Split 4			00:04:51.199	09:22	6.4mph	00:19:29.720
		Split 5			00:04:52.244	09:24	6.4mph	00:24:21.964
		Split 6			00:04:39.305	08:59	6.7mph	00:29:01.269
24 CHRIS TUCCI		M: 12	Runner	139	00:29:21.75	09:27	6.3mph	Male 40 - 49: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:51.875		0.0mph	00:04:51.875
		Split 2			00:04:51.143	09:22	6.4mph	00:09:43.018
		Split 3			00:04:52.460	09:24	6.4mph	00:14:35.478
		Split 4			00:04:54.899	09:29	6.3mph	00:19:30.377
		Split 5			00:04:58.482	09:36	6.2mph	00:24:28.859
		Split 6			00:04:52.893	09:25	6.4mph	00:29:21.752

Frosted Mug #2- 101 Restaurant

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25 MICHAEL DUFFY		M: 13	Runner	124	00:29:26.96	09:28	6.3mph	Male 30 - 39: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:29.229		0.0mph	00:04:29.229
		Split 2			00:04:43.390	09:07	6.6mph	00:09:12.619
		Split 3			00:04:57.754	09:35	6.3mph	00:14:10.373
		Split 4			00:05:07.186	09:53	6.1mph	00:19:17.559
		Split 5			00:05:21.069	10:20	5.8mph	00:24:38.628
		Split 6			00:04:48.337	09:16	6.5mph	00:29:26.965
26 KATE TUCCI		F: 13	Runner	138	00:29:49.33	09:35	6.3mph	Female 40 - 49: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:55.821		0.0mph	00:04:55.821
		Split 2			00:04:53.574	09:26	6.3mph	00:09:49.395
		Split 3			00:04:57.614	09:34	6.3mph	00:14:47.009
		Split 4			00:05:00.422	09:40	6.2mph	00:19:47.431
		Split 5			00:05:04.346	09:47	6.1mph	00:24:51.777
		Split 6			00:04:57.560	09:34	6.3mph	00:29:49.337
27 JENNIFER LUZIS		F: 14	Runner	147	00:30:29.12	09:48	6.1mph	Female 40 - 49: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:40.349		0.0mph	00:05:40.349
		Split 2			00:04:55.543	09:30	6.3mph	00:10:35.892
		Split 3			00:05:00.507	09:40	6.2mph	00:15:36.399
		Split 4			00:05:02.415	09:44	6.2mph	00:20:38.814
		Split 5			00:05:02.426	09:44	6.2mph	00:25:41.240
		Split 6			00:04:47.885	09:15	6.5mph	00:30:29.125
28 DIANA FISCU		F: 15	Runner	137	00:31:00.78	09:58	6.0mph	Female 50 - 59: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:24.058		0.0mph	00:05:24.058
		Split 2			00:04:56.573	09:32	6.3mph	00:10:20.631
		Split 3			00:05:13.091	10:04	6.0mph	00:15:33.722
		Split 4			00:05:15.512	10:09	5.9mph	00:20:49.234
		Split 5			00:05:12.713	10:03	6.0mph	00:26:01.947
		Split 6			00:04:58.833	09:37	6.2mph	00:31:00.780
29 MATT LEE		M: 14	Runner	142	00:31:10.04	10:01	6.0mph	Male 40 - 49: 6
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:04:51.738		0.0mph	00:04:51.738
		Split 2			00:04:58.813	09:37	6.2mph	00:09:50.551
		Split 3			00:05:13.608	10:05	5.9mph	00:15:04.159
		Split 4			00:05:11.788	10:02	6.0mph	00:20:15.947
		Split 5			00:05:43.807	11:03	5.4mph	00:25:59.754
		Split 6			00:05:10.288	09:59	6.0mph	00:31:10.042
30 ROBERT COLVIN		M: 15	Runner	125	00:32:57.16	10:36	5.7mph	Male 50 - 59: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:18.292		0.0mph	00:05:18.292
		Split 2			00:05:34.135	10:45	5.6mph	00:10:52.427
		Split 3			00:05:23.658	10:25	5.8mph	00:16:16.085
		Split 4			00:05:43.517	11:03	5.4mph	00:21:59.602
		Split 5			00:05:31.621	10:40	5.6mph	00:27:31.223
		Split 6			00:05:25.941	10:29	5.7mph	00:32:57.164
31 CAROL CUSHENETTE		F: 16	Runner	114	00:32:58.44	10:36	5.7mph	Female 70 - 120: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:18.339		0.0mph	00:05:18.339
		Split 2			00:05:28.429	10:34	5.7mph	00:10:46.768
		Split 3			00:05:36.670	10:50	5.5mph	00:16:23.438
		Split 4			00:05:36.409	10:49	5.5mph	00:21:59.847
		Split 5			00:05:28.759	10:34	5.7mph	00:27:28.606
		Split 6			00:05:29.841	10:36	5.7mph	00:32:58.447
32 DONNA PALMA		F: 17	Runner	110	00:33:12.24	10:41	5.6mph	Female 60 - 69: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:41.670		0.0mph	00:05:41.670
		Split 2			00:05:29.411	10:36	5.7mph	00:11:11.081
		Split 3			00:05:26.476	10:30	5.7mph	00:16:37.557
		Split 4			00:05:32.203	10:41	5.6mph	00:22:09.760
		Split 5			00:05:41.402	10:59	5.5mph	00:27:51.162
		Split 6			00:05:21.083	10:20	5.8mph	00:33:12.245

Frosted Mug #2- 101 Restaurant

Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
33 REGINA DILEGO		F: 18	Runner	120	00:33:15.62	10:42	5.6mph	Female 60 - 69: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:38.397		0.0mph	00:05:38.397
		Split 2			00:05:40.312	10:57	5.5mph	00:11:18.709
		Split 3			00:05:28.330	10:34	5.7mph	00:16:47.039
		Split 4			00:05:30.192	10:37	5.6mph	00:22:17.231
		Split 5			00:05:30.736	10:38	5.6mph	00:27:47.967
		Split 6			00:05:27.658	10:32	5.7mph	00:33:15.625
34 GAIL JOHNSON		F: 19	Runner	153	00:33:30.30	10:47	5.6mph	Female 70 - 120: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:29.497		0.0mph	00:05:29.497
		Split 2			00:05:44.221	11:04	5.4mph	00:11:13.718
		Split 3			00:05:36.533	10:49	5.5mph	00:16:50.251
		Split 4			00:05:42.960	11:02	5.4mph	00:22:33.211
		Split 5			00:05:31.620	10:40	5.6mph	00:28:04.831
		Split 6			00:05:25.478	10:28	5.7mph	00:33:30.309
35 CHRISTA GARIEPY		F: 20	Runner	156	00:33:44.29	10:51	5.5mph	Female 30 - 39: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:24.120		0.0mph	00:05:24.120
		Split 2			00:05:32.003	10:41	5.6mph	00:10:56.123
		Split 3			00:05:45.416	11:07	5.4mph	00:16:41.539
		Split 4			00:05:42.186	11:00	5.4mph	00:22:23.725
		Split 5			00:05:46.868	11:09	5.4mph	00:28:10.593
		Split 6			00:05:33.705	10:44	5.6mph	00:33:44.298
36 ANDY MCKEEVER		M: 16	Runner	151	00:34:13.86	11:01	5.4mph	Male 30 - 39: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:33.823		0.0mph	00:05:33.823
		Split 2			00:05:42.495	11:01	5.4mph	00:11:16.318
		Split 3			00:05:51.053	11:17	5.3mph	00:17:07.371
		Split 4			00:05:50.930	11:17	5.3mph	00:22:58.301
		Split 5			00:05:45.157	11:06	5.4mph	00:28:43.458
		Split 6			00:05:30.407	10:38	5.6mph	00:34:13.865
37 JENNIFER DENOVELLIS		F: 21	Runner	122	00:34:27.46	11:05	5.4mph	Female 40 - 49: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:43.584		0.0mph	00:05:43.584
		Split 2			00:05:39.567	10:55	5.5mph	00:11:23.151
		Split 3			00:05:46.096	11:08	5.4mph	00:17:09.247
		Split 4			00:05:50.707	11:17	5.3mph	00:22:59.954
		Split 5			00:05:45.410	11:07	5.4mph	00:28:45.364
		Split 6			00:05:42.104	11:00	5.4mph	00:34:27.468
38 CINDY SHOGRY-RAIMER		F: 22	Runner	113	00:34:42.09	11:10	5.4mph	Female 50 - 59: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:39.394		0.0mph	00:05:39.394
		Split 2			00:05:45.988	11:08	5.4mph	00:11:25.382
		Split 3			00:05:55.020	11:25	5.3mph	00:17:20.402
		Split 4			00:05:52.045	11:19	5.3mph	00:23:12.447
		Split 5			00:05:50.739	11:17	5.3mph	00:29:03.186
		Split 6			00:05:38.904	10:54	5.5mph	00:34:42.090
39 DEBORA ELLSWORTH		F: 23	Runner	112	00:34:42.61	11:10	5.4mph	Female 50 - 59: 6
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:40.349		0.0mph	00:05:40.349
		Split 2			00:05:46.037	11:08	5.4mph	00:11:26.386
		Split 3			00:05:54.981	11:25	5.3mph	00:17:21.367
		Split 4			00:05:52.119	11:20	5.3mph	00:23:13.486
		Split 5			00:05:50.340	11:16	5.3mph	00:29:03.826
		Split 6			00:05:38.790	10:54	5.5mph	00:34:42.616
40 JESSE SELF		F: 24	Runner	146	00:35:57.40	11:34	5.2mph	Female 30 - 39: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:22.831		0.0mph	00:05:22.831
		Split 2			00:05:45.172	11:06	5.4mph	00:11:08.003
		Split 3			00:05:52.360	11:20	5.3mph	00:17:00.363
		Split 4			00:06:10.468	11:55	5.0mph	00:23:10.831
		Split 5			00:06:27.948	12:29	4.8mph	00:29:38.779
		Split 6			00:06:18.629	12:11	4.9mph	00:35:57.408

Frosted Mug #2- 101 Restaurant

Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
41	BUFFY LORD	F: 25	Runner	118	00:36:06.59	11:37	5.2mph	Female 50 - 59: 7
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:51.061		0.0mph	00:05:51.061
		Split 2			00:06:03.433	11:41	5.1mph	00:11:54.494
		Split 3			00:06:06.793	11:48	5.1mph	00:18:01.287
		Split 4			00:06:08.745	11:52	5.1mph	00:24:10.032
		Split 5			00:06:05.371	11:45	5.1mph	00:30:15.403
		Split 6			00:05:51.195	11:18	5.3mph	00:36:06.598
42	DAVID BRIEN	M: 17	Runner	132	00:36:59.44	11:54	5.0mph	Male 50 - 59: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:56.026		0.0mph	00:05:56.026
		Split 2			00:05:57.079	11:29	5.2mph	00:11:53.105
		Split 3			00:06:06.302	11:47	5.1mph	00:17:59.407
		Split 4			00:06:22.226	12:18	4.9mph	00:24:21.633
		Split 5			00:06:22.206	12:18	4.9mph	00:30:43.839
		Split 6			00:06:15.610	12:05	5.0mph	00:36:59.449
43	DANIEL BRIEN	M: 18	Runner	150	00:37:00.44	11:54	5.0mph	Male 20 - 29: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:57.276		0.0mph	00:05:57.276
		Split 2			00:05:55.139	11:25	5.2mph	00:11:52.415
		Split 3			00:06:07.086	11:48	5.1mph	00:17:59.501
		Split 4			00:06:14.233	12:02	5.0mph	00:24:13.734
		Split 5			00:03:55.712	07:35	7.9mph	00:28:09.446
		Split 6			00:08:50.999	17:05	3.5mph	00:37:00.445
44	RACHEL TOMKOWICZ	F: 26	Runner	115	00:37:16.33	11:59	5.0mph	Female 50 - 59: 8
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:58.718		0.0mph	00:05:58.718
		Split 2			00:06:12.886	12:00	5.0mph	00:12:11.604
		Split 3			00:06:16.971	12:08	4.9mph	00:18:28.575
		Split 4			00:06:17.858	12:09	4.9mph	00:24:46.433
		Split 5			00:06:18.064	12:10	4.9mph	00:31:04.497
		Split 6			00:06:11.838	11:58	5.0mph	00:37:16.335
45	STACI PANETTI	F: 27	Runner	117	00:37:34.94	12:05	5.0mph	Female 40 - 49: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:06:07.434		0.0mph	00:06:07.434
		Split 2			00:06:09.916	11:54	5.0mph	00:12:17.350
		Split 3			00:06:17.090	12:08	4.9mph	00:18:34.440
		Split 4			00:06:21.883	12:17	4.9mph	00:24:56.323
		Split 5			00:06:25.047	12:23	4.8mph	00:31:21.370
		Split 6			00:06:13.570	12:01	5.0mph	00:37:34.940
46	DAN BROOKS	M: 19	Runner	140	00:37:53.77	12:11	4.9mph	Male 30 - 39: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:06:32.782		0.0mph	00:06:32.782
		Split 2			00:05:32.933	10:42	5.6mph	00:12:05.715
		Split 3			00:05:43.502	11:03	5.4mph	00:17:49.217
		Split 4			00:06:36.866	12:46	4.7mph	00:24:26.083
		Split 5			00:07:06.324	13:43	4.4mph	00:31:32.407
		Split 6			00:06:21.364	12:16	4.9mph	00:37:53.771
47	MYRA WILK	F: 28	Runner	121	00:40:06.78	12:54	4.6mph	Female 60 - 69: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:06:11.026		0.0mph	00:06:11.026
		Split 2			00:06:44.099	13:00	4.6mph	00:12:55.125
		Split 3			00:06:48.924	13:09	4.6mph	00:19:44.049
		Split 4			00:06:44.693	13:01	4.6mph	00:26:28.742
		Split 5			00:06:54.834	13:21	4.5mph	00:33:23.576
		Split 6			00:06:43.209	12:58	4.6mph	00:40:06.785
48	RAQUEL LEE	F: 29	Runner	144	00:44:09.61	14:12	4.2mph	Female 40 - 49: 6
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:06:46.404		0.0mph	00:06:46.404
		Split 2			00:07:18.591	14:07	4.3mph	00:14:04.995
		Split 3			00:07:47.022	15:01	4.0mph	00:21:52.017
		Split 4			00:07:36.378	14:41	4.1mph	00:29:28.395
		Split 5			00:07:34.146	14:37	4.1mph	00:37:02.541
		Split 6			00:07:07.072	13:44	4.4mph	00:44:09.613

Frosted Mug #2- 101 Restaurant

Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
49 MICHELLE MASON		F: 30	Runner	119	00:46:58.58	15:07	4.0mph	Female 50 - 59: 9
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:07:29.652		0.0mph	00:07:29.652
		Split 2			00:07:39.396	14:47	4.1mph	00:15:09.048
		Split 3			00:07:57.293	15:21	3.9mph	00:23:06.341
		Split 4			00:07:59.982	15:26	3.9mph	00:31:06.323
		Split 5			00:07:45.731	14:59	4.0mph	00:38:52.054
		Split 6			00:08:06.527	15:39	3.8mph	00:46:58.581
50 SHANNON DOOLAN		F: 31	Runner	109	00:49:47.20	16:01	3.7mph	Female 40 - 49: 7
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:05:59.579		0.0mph	00:05:59.579
		Split 2			00:07:31.405	14:31	4.1mph	00:13:30.984
		Split 3			00:10:14.452	19:46	3.0mph	00:23:45.436
		Split 4			00:08:45.435	16:54	3.5mph	00:32:30.871
		Split 5			00:08:35.324	16:35	3.6mph	00:41:06.195
		Split 6			00:08:41.008	16:46	3.6mph	00:49:47.203
51 SHANE DOOLAN		M: 20	Runner	135	00:49:47.69	16:01	3.7mph	Male 40 - 49: 7
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish			00:07:39.511		0.0mph	00:07:39.511
		Split 2			00:07:54.625	15:16	3.9mph	00:15:34.136
		Split 3			00:08:11.471	15:49	3.8mph	00:23:45.607
		Split 4			00:08:46.939	16:57	3.5mph	00:32:32.546
		Split 5			00:08:34.784	16:34	3.6mph	00:41:07.330
		Split 6			00:08:40.363	16:44	3.6mph	00:49:47.693