

Frosted Mug Race Series #4

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JOEL PEKOSZ		M: 1	Runner	123	00:17:54.26	05:45	10.4mph	Overall Male Runner: 1
2	STEPHEN FOLEY		M: 2	Runner	369	00:18:26.49	05:56	10.1mph	Overall Male Runner: 2
3	SAM SOMERA		M: 3	Runner	117	00:18:38.30	05:59	10.0mph	Overall Male Runner: 3
4	NICHOLAS CURELOP		M: 4	Runner	152	00:18:44.80	06:02	9.9mph	Male 30 - 39: 1
5	EVAN SPARE		M: 5	Runner	185	00:19:38.90	06:19	9.5mph	Male 30 - 39: 2
6	KRISTY MACWILLIAMS		F: 1	Runner	151	00:21:16.80	06:50	8.8mph	Overall Female Runner: 1
7	LEVI FRONDO		M: 6	Runner	159	00:21:39.22	06:58	8.6mph	Male 30 - 39: 3
8	THEO SANDSTROM		M: 7	Runner	154	00:21:45.79	07:00	8.6mph	Male 0 - 19: 1
9	CHRISTINE ARACE		F: 2	Runner	250	00:21:48.43	07:01	8.5mph	Overall Female Runner: 2
10	STEPHEN RONDEAU		M: 8	Runner	121	00:21:51.93	07:02	8.5mph	Male 60 - 69: 1
11	ARIEL DUPRAS		F: 3	Runner	367	00:22:04.48	07:06	8.4mph	Overall Female Runner: 3
12	JOHN DUPRAS		M: 9	Runner	248	00:22:09.15	07:07	8.4mph	Male 50 - 59: 1
13	DAVID OLDS		M: 10	Runner	140	00:22:14.49	07:09	8.4mph	Male 40 - 49: 1
14	LORIN DELISLE		M: 11	Runner	341	00:22:29.84	07:14	8.3mph	Male 60 - 69: 2
15	ELIZABETH DUPRAS		F: 4	Runner	153	00:22:48.31	07:20	8.2mph	Female 0 - 19: 1
16	BLAINE FREADMAN		M: 12	Runner	169	00:22:55.74	07:22	8.1mph	Male 50 - 59: 2
17	NATHAN JOHNSON		M: 13	Runner	172	00:23:09.83	07:27	8.0mph	Male 40 - 49: 2
18	ANDREA MILYKO		F: 5	Runner	119	00:23:21.47	07:31	8.0mph	Female 40 - 49: 1
19	BRIAN HUEBNER		M: 14	Runner	129	00:23:37.85	07:36	7.9mph	Male 30 - 39: 4
20	DAVE HALL		M: 15	Runner	170	00:23:51.88	07:40	7.8mph	Male 50 - 59: 3
21	FABIENNE THERIAULT		F: 6	Runner	244	00:24:22.81	07:50	7.6mph	Female 40 - 49: 2
22	JOSH HASTY		M: 16	Runner	360	00:24:25.14	07:51	7.6mph	Male 40 - 49: 3
23	JILL POMPI	ADAMS, MA	F: 7	Runner	166	00:24:43.69	07:57	7.5mph	Female 50 - 59: 1
24	SAGE SOLDATO		F: 8	Runner	165	00:24:58.18	08:02	7.5mph	Female 20 - 29: 1
25	TIM SCHMIDT		M: 17	Runner	163	00:25:12.61	08:06	7.4mph	Male 20 - 29: 1
26	RICHARD THERIAULT		M: 18	Runner	245	00:25:18.23	08:08	7.4mph	Male 40 - 49: 4
27	LISA DELISLE		F: 9	Runner	340	00:25:25.96	08:11	7.3mph	Female 50 - 59: 2
28	MICHAEL DUFFY		M: 19	Runner	985	00:25:49.68	08:18	7.2mph	Male 30 - 39: 5
29	PAUL MCKEEVER		M: 20	Runner	148	00:25:52.38	08:19	7.2mph	Male 60 - 69: 3
30	MANNY DUPRAS		M: 21	Runner	361	00:25:59.51	08:21	7.2mph	Male 0 - 19: 2
31	PATTY DWYER		F: 10	Runner	240	00:26:01.22	08:22	7.2mph	Female 30 - 39: 1
32	ROBIN AVERY		F: 11	Runner	333	00:26:12.41	08:26	7.1mph	Female 60 - 69: 1
33	VIVIAN SMITH		F: 12	Runner	124	00:26:21.21	08:28	7.1mph	Female 20 - 29: 2
34	JEFF MINKLER		M: 22	Runner	147	00:26:29.89	08:31	7.0mph	Male 40 - 49: 5
35	JON MATTIS		M: 23	Runner	182	00:26:30.80	08:32	7.0mph	Male 60 - 69: 4
36	BERNIE MACK		M: 24	Runner	127	00:26:35.50	08:33	7.0mph	Male 70 - 120: 1
37	AIMEE LENNON		F: 13	Runner	373	00:26:36.71	08:33	7.0mph	Female 40 - 49: 3
38	COURTNEY HILL		F: 14	Runner	160	00:26:56.08	08:40	6.9mph	Female 30 - 39: 2
39	DAN OLDS		M: 25	Runner	370	00:27:00.48	08:41	6.9mph	Male 30 - 39: 6
40	JODIE LAHEY		F: 15	Runner	33	00:27:05.33	08:43	6.9mph	Female 40 - 49: 4
41	NATALIE POMPI		F: 16	Runner	167	00:27:08.43	08:44	6.9mph	Female 0 - 19: 2
42	HEATHER SEELY		F: 17	Runner	173	00:27:25.22	08:49	6.8mph	Female 40 - 49: 5
43	SHENNA BURKE		F: 18	Runner	180	00:27:31.95	08:51	6.8mph	Female 40 - 49: 6
44	KELLIE HARRINGTON		F: 19	Runner	142	00:27:55.88	08:59	6.7mph	Female 30 - 39: 3
45	BARBARA MCMAHON		F: 20	Runner	125	00:28:06.78	09:02	6.6mph	Female 50 - 59: 3
46	GAIL JOHNSON		F: 21	Runner	183	00:28:15.47	09:05	6.6mph	Female 70 - 120: 1
47	MICHAEL CACHET		M: 26	Runner	342	00:28:28.76	09:09	6.5mph	Male 50 - 59: 4
48	MELISSA CANATA		F: 22	Runner	6	00:28:33.95	09:11	6.5mph	Female 40 - 49: 7
49	MARCIE SIMONDS		F: 23	Runner	744	00:28:41.34	09:14	6.5mph	Female 40 - 49: 8
50	ALISON FREEMAN		F: 24	Runner	120	00:28:55.06	09:18	6.4mph	Female 30 - 39: 4
51	RICHARD PECK		M: 27	Runner	177	00:28:58.38	09:19	6.4mph	Male 50 - 59: 5
52	JOANNA PERRY		F: 25	Runner	179	00:29:07.04	09:22	6.4mph	Female 40 - 49: 9
53	DENISE CRANE		F: 26	Runner	239	00:29:19.23	09:26	6.4mph	Female 50 - 59: 4
54	JENNIFER MCGOVERN		F: 27	Runner	181	00:29:24.01	09:27	6.3mph	Female 50 - 59: 5
55	KEVIN THOMSON		M: 28	Runner	26	00:29:29.57	09:29	6.3mph	Male 60 - 69: 5
56	KATHLEEN MCNICH		F: 28	Runner	987	00:29:33.19	09:30	6.3mph	Female 50 - 59: 6
57	KARI MURAD		F: 29	Runner	471	00:29:35.53	09:31	6.3mph	Female 40 - 49: 10
58	MATTHEW SONDRINI		M: 29	Runner	171	00:29:38.82	09:32	6.3mph	Male 30 - 39: 7
59	DONNA HALTON		F: 30	Runner	2	00:30:22.83	09:46	6.1mph	Female 60 - 69: 2
60	CAROL CUSHENETTE		F: 31	Runner	131	00:30:32.41	09:49	6.1mph	Female 60 - 69: 3
61	SANDRA HAYWOOD		F: 32	Runner	231	00:30:32.78	09:49	6.1mph	Female 60 - 69: 4
62	ALINE FERRIS		F: 33	Runner	980	00:30:39.06	09:51	6.1mph	Female 50 - 59: 7

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63	TONY RIELLO		M: 30	Runner	156	00:30:56.97	09:57	6.0mph	Male 40 - 49: 6
64	MATT LEE		M: 31	Runner	158	00:31:15.92	10:03	6.0mph	Male 40 - 49: 7
65	LAURA RONDEAU		F: 34	Runner	130	00:31:58.83	10:17	5.8mph	Female 60 - 69: 5
66	JENNIFER LUZIS		F: 35	Runner	745	00:31:59.72	10:17	5.8mph	Female 30 - 39: 5
67	KIM MURDOCK		F: 36	Runner	184	00:32:42.44	10:31	5.7mph	Female 50 - 59: 8
68	ERIC DRAYMAN		M: 32	Runner	175	00:32:44.79	10:32	5.7mph	Male 40 - 49: 8
69	JIM LENNON		M: 33	Runner	371	00:32:46.59	10:32	5.7mph	Male 60 - 69: 6
70	JENNIFER DENOVELLIS		F: 37	Runner	112	00:32:50.54	10:34	5.7mph	Female 30 - 39: 6
71	MICHELLE MASON		F: 38	Runner	242	00:33:02.89	10:38	5.6mph	Female 50 - 59: 9
72	SHANNON DOYLE		F: 39	Runner	235	00:33:07.84	10:39	5.6mph	Female 40 - 49: 11
73	REGINA DILEGO		F: 40	Runner	133	00:33:37.15	10:49	5.5mph	Female 60 - 69: 6
74	BUFFY D LORD		F: 41	Runner	241	00:33:39.76	10:50	5.5mph	Female 40 - 49: 12
75	ANDREA FERRIS		F: 42	Runner	178	00:33:53.71	10:54	5.5mph	Female 30 - 39: 7
76	ASHLEY DAVIS		F: 43	Runner	225	00:34:08.58	10:59	5.5mph	Female 30 - 39: 8
77	JAMY FERRIS		F: 44	Runner	155	00:34:16.72	11:01	5.4mph	Female 20 - 29: 3
78	JOCELYN HAY		F: 45	Runner	88	00:34:50.54	11:12	5.4mph	Female 40 - 49: 13
79	MISTY KARDASEN		F: 46	Runner	174	00:35:01.73	11:16	5.3mph	Female 40 - 49: 14
80	SHANNON DOOLAN		F: 47	Runner	479	00:35:23.87	11:23	5.3mph	Female 30 - 39: 9
81	MARYA LAROCHE		F: 48	Runner	470	00:35:32.08	11:26	5.2mph	Female 40 - 49: 15
82	JEN GLOCKNER		F: 49	Runner	168	00:35:47.80	11:31	5.2mph	Female 40 - 49: 16
83	RACHEL TOMKOWICZ		F: 50	Runner	224	00:36:04.33	11:36	5.2mph	Female 50 - 59: 10
84	STACIE PANETTI		F: 51	Runner	122	00:36:24.11	11:42	5.1mph	Female 40 - 49: 17
85	HEIDI RIELLO		F: 52	Runner	157	00:36:38.74	11:47	5.1mph	Female 40 - 49: 18
86	MYRA WILK		F: 53	Runner	243	00:36:50.50	11:51	5.1mph	Female 60 - 69: 7
87	AMANDA CLARK		F: 54	Runner	353	00:36:52.24	11:52	5.1mph	Female 40 - 49: 19
88	TAREN BALARDINI	DALTON, MI	F: 55	Runner	164	00:37:20.06	12:01	5.0mph	Female 20 - 29: 4
89	RENEE KEATER		F: 56	Runner	741	00:37:28.58	12:03	5.0mph	Female 40 - 49: 20
90	NANCY CACHAT		F: 57	Runner	118	00:37:45.63	12:09	4.9mph	Female 40 - 49: 21
91	MELISSA BRITES		F: 58	Runner	748	00:37:55.45	12:12	4.9mph	Female 50 - 59: 11
92	DENISE LEBEAU		F: 59	Runner	31	00:38:10.71	12:17	4.9mph	Female 50 - 59: 12
93	CINDY SHOGRY-RAIMER		F: 60	Runner	236	00:39:24.15	12:40	4.7mph	Female 50 - 59: 13
94	ZACK MCCAIN		M: 34	Runner	247	00:39:25.90	12:41	4.7mph	Male 60 - 69: 7
95	DEB ELLSWORTH		F: 61	Runner	104	00:39:26.13	12:41	4.7mph	Female 40 - 49: 22
96	CHERIE DRAYMAN		F: 62	Runner	176	00:39:32.56	12:43	4.7mph	Female 40 - 49: 23
97	THOMAS BALARDINI JR		M: 35	Runner	747	00:39:41.08	12:46	4.7mph	Male 50 - 59: 6
98	ESTHER BALARDINI		F: 63	Runner	746	00:39:41.33	12:46	4.7mph	Female 50 - 59: 14
99	DORIS ANDERSEN		F: 64	Runner	161	00:44:16.83	14:15	4.2mph	Female 60 - 69: 8
100	KOREN SALINOVICI		F: 65	Runner	128	00:46:19.00	14:54	4.0mph	Female 50 - 59: 15
101	JOANN TETREAUULT		F: 66	Runner	126	00:47:05.52	15:09	4.0mph	Female 50 - 59: 16
102	LYNN OSAKI		F: 67	Runner	232	00:48:13.76	15:31	3.9mph	Female 40 - 49: 24
103	KEITH ANDERSEN		M: 36	Runner	162	00:49:54.33	16:03	3.7mph	Male 20 - 29: 2