

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	NICHOLAS CURELOP		M: 1	Runner	40	00:18:27.37	05:56	10.1mph	Overall Male Runner: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:05.774	05:58	10.0mph	00:03:05.774
				Split 2		00:03:03.936	05:55	10.1mph	00:06:09.710
				Split 3		00:03:06.102	05:59	10.0mph	00:09:15.812
				Split 4		00:03:06.031	05:59	10.0mph	00:12:21.843
				Split 5		00:03:05.347	05:58	10.1mph	00:15:27.190
				Split 6		00:03:00.181	05:48	10.3mph	00:18:27.371
2	STEPHEN FOLEY		M: 2	Runner	369	00:19:08.84	06:09	9.7mph	Overall Male Runner: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:12.245	06:11	9.7mph	00:03:12.245
				Split 2		00:03:12.792	06:12	9.7mph	00:06:25.037
				Split 3		00:03:10.853	06:08	9.8mph	00:09:35.890
				Split 4		00:03:11.534	06:10	9.7mph	00:12:47.424
				Split 5		00:03:13.888	06:14	9.6mph	00:16:01.312
				Split 6		00:03:07.531	06:02	9.9mph	00:19:08.843
3	MARK DINICOLA		M: 3	Runner	74	00:20:00.06	06:26	9.3mph	Overall Male Runner: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:16.895	06:20	9.5mph	00:03:16.895
				Split 2		00:03:17.170	06:20	9.5mph	00:06:34.065
				Split 3		00:03:23.213	06:32	9.2mph	00:09:57.278
				Split 4		00:03:21.142	06:28	9.3mph	00:13:18.420
				Split 5		00:03:23.257	06:32	9.2mph	00:16:41.677
				Split 6		00:03:18.392	06:23	9.4mph	00:20:00.069
4	KRISTY MACWILLIAMS		F: 1	Runner	19	00:21:10.59	06:48	8.8mph	Overall Female Runner: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:19.359	06:25	9.3mph	00:03:19.359
				Split 2		00:03:30.128	06:45	8.9mph	00:06:49.487
				Split 3		00:03:33.399	06:52	8.7mph	00:10:22.886
				Split 4		00:03:35.251	06:55	8.7mph	00:13:58.137
				Split 5		00:03:37.939	07:01	8.5mph	00:17:36.076
				Split 6		00:03:34.516	06:54	8.7mph	00:21:10.592
5	BLAINE FREADMAN		M: 4	Runner	71	00:21:57.15	07:03	8.5mph	Male 50 - 59: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:33.695	06:52	8.7mph	00:03:33.695
				Split 2		00:03:46.712	07:18	8.2mph	00:07:20.407
				Split 3		00:03:46.029	07:16	8.2mph	00:11:06.436
				Split 4		00:03:43.371	07:11	8.3mph	00:14:49.807
				Split 5		00:03:43.043	07:10	8.4mph	00:18:32.850
				Split 6		00:03:24.309	06:34	9.1mph	00:21:57.159
6	MARYROSE WILLIAMS		F: 2	Runner	99	00:22:02.84	07:05	8.5mph	Overall Female Runner: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:28.340	06:42	8.9mph	00:03:28.340
				Split 2		00:03:43.111	07:11	8.4mph	00:07:11.451
				Split 3		00:03:46.039	07:16	8.2mph	00:10:57.490
				Split 4		00:03:41.764	07:08	8.4mph	00:14:39.254
				Split 5		00:03:44.578	07:13	8.3mph	00:18:23.832
				Split 6		00:03:39.017	07:03	8.5mph	00:22:02.849
7	DAVID OLDS		M: 5	Runner	140	00:22:07.39	07:07	8.4mph	Male 40 - 49: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:26.053	06:38	9.0mph	00:03:26.053
				Split 2		00:03:40.238	07:05	8.5mph	00:07:06.291
				Split 3		00:03:45.187	07:15	8.3mph	00:10:51.478
				Split 4		00:03:47.141	07:18	8.2mph	00:14:38.619
				Split 5		00:03:43.285	07:11	8.3mph	00:18:21.904
				Split 6		00:03:45.494	07:15	8.3mph	00:22:07.398
8	LORIN DELISLE		M: 6	Runner	341	00:22:10.59	07:08	8.4mph	Male 60 - 69: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:24.635	06:35	9.1mph	00:03:24.635
				Split 2		00:03:43.108	07:11	8.4mph	00:07:07.743
				Split 3		00:03:49.467	07:23	8.1mph	00:10:57.210
				Split 4		00:03:44.842	07:14	8.3mph	00:14:42.052
				Split 5		00:03:46.551	07:17	8.2mph	00:18:28.603
				Split 6		00:03:41.995	07:08	8.4mph	00:22:10.598

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9	ARIEL DUPRAS		F: 3	Runner	367	00:22:16.02	07:10	8.4mph	Overall Female Runner: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:44.622	07:13	8.3mph	00:03:44.622
				Split 2		00:03:42.586	07:10	8.4mph	00:07:27.208
				Split 3		00:03:43.571	07:11	8.3mph	00:11:10.779
				Split 4		00:03:42.512	07:09	8.4mph	00:14:53.291
				Split 5		00:03:44.004	07:12	8.3mph	00:18:37.295
				Split 6		00:03:38.731	07:02	8.5mph	00:22:16.026
10	KEN MORIARITY		M: 7	Runner	83	00:22:20.33	07:11	8.3mph	Male 50 - 59: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:34.634	06:54	8.7mph	00:03:34.634
				Split 2		00:03:47.777	07:20	8.2mph	00:07:22.411
				Split 3		00:03:47.068	07:18	8.2mph	00:11:09.479
				Split 4		00:03:47.068	07:18	8.2mph	00:14:56.547
				Split 5		00:03:48.599	07:21	8.2mph	00:18:45.146
				Split 6		00:03:35.188	06:55	8.7mph	00:22:20.334
11	CHRISTINE ARACE		F: 4	Runner	250	00:22:20.74	07:11	8.3mph	Female 40 - 49: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:36.946	06:59	8.6mph	00:03:36.946
				Split 2		00:03:47.818	07:20	8.2mph	00:07:24.764
				Split 3		00:03:47.529	07:19	8.2mph	00:11:12.293
				Split 4		00:03:44.906	07:14	8.3mph	00:14:57.199
				Split 5		00:03:44.194	07:13	8.3mph	00:18:41.393
				Split 6		00:03:39.347	07:03	8.5mph	00:22:20.740
12	ASHLEY SCHERBEN		F: 5	Runner	38	00:22:41.08	07:18	8.2mph	Female 30 - 39: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:33.539	06:52	8.7mph	00:03:33.539
				Split 2		00:03:49.279	07:22	8.1mph	00:07:22.818
				Split 3		00:03:48.419	07:21	8.2mph	00:11:11.237
				Split 4		00:03:49.727	07:23	8.1mph	00:15:00.964
				Split 5		00:03:53.842	07:31	8.0mph	00:18:54.806
				Split 6		00:03:46.277	07:17	8.2mph	00:22:41.083
13	STEPHEN RONDEAU		M: 8	Runner	76	00:22:54.54	07:22	8.1mph	Male 60 - 69: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:46.640	07:17	8.2mph	00:03:46.640
				Split 2		00:03:51.267	07:26	8.1mph	00:07:37.907
				Split 3		00:03:54.710	07:33	7.9mph	00:11:32.617
				Split 4		00:03:53.154	07:30	8.0mph	00:15:25.771
				Split 5		00:03:49.030	07:22	8.1mph	00:19:14.801
				Split 6		00:03:39.739	07:04	8.5mph	00:22:54.540
14	JACK ELLIOT		M: 9	Runner	101	00:22:57.92	07:23	8.1mph	Male 20 - 29: 1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:03:17.935	06:22	9.4mph	00:03:17.935
				Split 2		00:03:41.989	07:08	8.4mph	00:06:59.924
				Split 3		00:03:59.481	07:42	7.8mph	00:10:59.405
				Split 4		00:03:56.071	07:36	7.9mph	00:14:55.476
				Split 5		00:04:10.092	08:03	7.5mph	00:19:05.568
				Split 6		00:03:52.354	07:28	8.0mph	00:22:57.922
15	WEBER STONE		M: 10	Runner	49	00:22:58.77	07:23	8.1mph	Male 40 - 49: 2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:04:07.135	07:57	7.5mph	00:04:07.135
				Split 2		00:03:53.166	07:30	8.0mph	00:08:00.301
				Split 3		00:03:48.865	07:22	8.1mph	00:11:49.166
				Split 4		00:03:46.282	07:17	8.2mph	00:15:35.448
				Split 5		00:03:42.266	07:09	8.4mph	00:19:17.714
				Split 6		00:03:41.059	07:07	8.4mph	00:22:58.773
16	PETER MERWIN		M: 11	Runner	97	00:23:19.57	07:30	8.0mph	Male 40 - 49: 3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:04:20.723	08:23	7.1mph	00:04:20.723
				Split 2		00:03:47.390	07:19	8.2mph	00:08:08.113
				Split 3		00:03:49.000	07:22	8.1mph	00:11:57.113
				Split 4		00:03:46.761	07:18	8.2mph	00:15:43.874
				Split 5		00:03:50.336	07:25	8.1mph	00:19:34.210
				Split 6		00:03:45.360	07:15	8.3mph	00:23:19.570

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
17	JOHN DUPRAS		M: 12	Runner	248	00:23:23.41	07:31	8.0mph	Male 50 - 59:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:03:48.843	07:22	8.1mph	00:03:48.843	
				Split 2		00:03:50.199	07:24	8.1mph	00:07:39.042	
				Split 3		00:03:57.240	07:38	7.9mph	00:11:36.282	
				Split 4		00:03:58.826	07:41	7.8mph	00:15:35.108	
				Split 5		00:03:58.904	07:41	7.8mph	00:19:34.012	
				Split 6		00:03:49.404	07:23	8.1mph	00:23:23.416	
18	ASHLEY EMERSON	DALTON, MA	F: 6	Runner	109	00:23:33.43	07:34	7.9mph	Female 30 - 39:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:02.819	07:49	7.7mph	00:04:02.819	
				Split 2		00:04:05.034	07:53	7.6mph	00:08:07.853	
				Split 3		00:03:57.110	07:38	7.9mph	00:12:04.963	
				Split 4		00:03:51.122	07:26	8.1mph	00:15:56.085	
				Split 5		00:03:50.422	07:25	8.1mph	00:19:46.507	
				Split 6		00:03:46.932	07:18	8.2mph	00:23:33.439	
19	ERIC FINNEGAN		M: 13	Runner	18	00:23:35.25	07:35	7.9mph	Male 30 - 39:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:03:39.959	07:04	8.5mph	00:03:39.959	
				Split 2		00:03:53.981	07:32	8.0mph	00:07:33.940	
				Split 3		00:03:59.562	07:42	7.8mph	00:11:33.502	
				Split 4		00:03:59.656	07:43	7.8mph	00:15:33.158	
				Split 5		00:04:01.882	07:47	7.7mph	00:19:35.040	
				Split 6		00:04:00.212	07:44	7.8mph	00:23:35.252	
20	KAREN TIBBETTS		F: 7	Runner	54	00:23:37.72	07:36	7.9mph	Female 50 - 59:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:00.313	07:44	7.8mph	00:04:00.313	
				Split 2		00:04:00.313	07:44	7.8mph	00:08:00.626	
				Split 3		00:03:53.961	07:32	8.0mph	00:11:54.587	
				Split 4		00:03:55.350	07:34	7.9mph	00:15:49.937	
				Split 5		00:03:56.047	07:36	7.9mph	00:19:45.984	
				Split 6		00:03:51.744	07:27	8.0mph	00:23:37.728	
21	MOLLY COLVIN		F: 8	Runner	11	00:23:38.43	07:36	7.9mph	Female 30 - 39:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:21.826	08:25	7.1mph	00:04:21.826	
				Split 2		00:03:53.943	07:31	8.0mph	00:08:15.769	
				Split 3		00:03:55.613	07:35	7.9mph	00:12:11.382	
				Split 4		00:03:54.695	07:33	7.9mph	00:16:06.077	
				Split 5		00:03:48.323	07:21	8.2mph	00:19:54.400	
				Split 6		00:03:44.035	07:12	8.3mph	00:23:38.435	
22	DAN OLDS		M: 14	Runner	370	00:23:49.12	07:39	7.8mph	Male 30 - 39:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:03:48.693	07:21	8.1mph	00:03:48.693	
				Split 2		00:03:46.297	07:17	8.2mph	00:07:34.990	
				Split 3		00:03:56.049	07:36	7.9mph	00:11:31.039	
				Split 4		00:04:07.173	07:57	7.5mph	00:15:38.212	
				Split 5		00:04:18.045	08:18	7.2mph	00:19:56.257	
				Split 6		00:03:52.864	07:29	8.0mph	00:23:49.121	
23	RICK CASUCCI		M: 15	Runner	45	00:23:52.01	07:40	7.8mph	Male 50 - 59:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:01.964	07:47	7.7mph	00:04:01.964	
				Split 2		00:03:51.059	07:26	8.1mph	00:07:53.023	
				Split 3		00:04:05.660	07:54	7.6mph	00:11:58.683	
				Split 4		00:04:00.436	07:44	7.7mph	00:15:59.119	
				Split 5		00:04:00.104	07:43	7.8mph	00:19:59.223	
				Split 6		00:03:52.795	07:29	8.0mph	00:23:52.018	
24	MANDI SUMMERS		F: 9	Runner	462	00:24:17.33	07:49	7.7mph	Female 50 - 59:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:02.819	07:49	7.7mph	00:04:02.819	
				Split 2		00:04:05.604	07:54	7.6mph	00:08:08.423	
				Split 3		00:03:59.279	07:42	7.8mph	00:12:07.702	
				Split 4		00:04:05.588	07:54	7.6mph	00:16:13.290	
				Split 5		00:04:05.358	07:54	7.6mph	00:20:18.648	
				Split 6		00:03:58.690	07:41	7.8mph	00:24:17.338	

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25	JOSH HASTY		M: 16	Runner	360	00:24:41.64	07:56	7.5mph	Male 40 - 49:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:01.033	07:45	7.7mph	00:04:01.033	
				Split 2		00:04:03.523	07:50	7.7mph	00:08:04.556	
				Split 3		00:04:13.156	08:09	7.4mph	00:12:17.712	
				Split 4		00:04:09.824	08:02	7.5mph	00:16:27.536	
				Split 5		00:04:13.722	08:10	7.3mph	00:20:41.258	
				Split 6		00:04:00.383	07:44	7.8mph	00:24:41.641	
26	FABIENNE THERIAULT		F: 10	Runner	244	00:24:42.33	07:57	7.5mph	Female 40 - 49:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:03:54.561	07:33	7.9mph	00:03:54.561	
				Split 2		00:04:11.584	08:06	7.4mph	00:08:06.145	
				Split 3		00:04:14.845	08:12	7.3mph	00:12:20.990	
				Split 4		00:04:08.678	08:00	7.5mph	00:16:29.668	
				Split 5		00:04:10.883	08:04	7.4mph	00:20:40.551	
				Split 6		00:04:01.784	07:47	7.7mph	00:24:42.335	
27	ALLISON MEAD		F: 11	Runner	145	00:24:43.02	07:57	7.5mph	Female 30 - 39:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:07.716	07:58	7.5mph	00:04:07.716	
				Split 2		00:04:04.807	07:52	7.6mph	00:08:12.523	
				Split 3		00:04:06.554	07:56	7.6mph	00:12:19.077	
				Split 4		00:04:12.611	08:08	7.4mph	00:16:31.688	
				Split 5		00:04:13.911	08:10	7.3mph	00:20:45.599	
				Split 6		00:03:57.425	07:38	7.8mph	00:24:43.024	
28	LISA DELISLE		F: 12	Runner	340	00:25:23.18	08:10	7.3mph	Female 50 - 59:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:03:50.225	07:24	8.1mph	00:03:50.225	
				Split 2		00:04:09.285	08:01	7.5mph	00:07:59.510	
				Split 3		00:04:13.756	08:10	7.3mph	00:12:13.266	
				Split 4		00:04:27.567	08:36	7.0mph	00:16:40.833	
				Split 5		00:04:24.218	08:30	7.1mph	00:21:05.051	
				Split 6		00:04:18.138	08:18	7.2mph	00:25:23.189	
29	MELISSA CANATA		F: 13	Runner	6	00:25:25.47	08:11	7.3mph	Female 40 - 49:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:13.735	08:10	7.3mph	00:04:13.735	
				Split 2		00:04:09.100	08:01	7.5mph	00:08:22.835	
				Split 3		00:04:16.875	08:16	7.3mph	00:12:39.710	
				Split 4		00:04:16.008	08:14	7.3mph	00:16:55.718	
				Split 5		00:04:16.817	08:16	7.3mph	00:21:12.535	
				Split 6		00:04:12.939	08:08	7.4mph	00:25:25.474	
30	RICHARD THERIAULT		M: 17	Runner	245	00:25:40.02	08:15	7.3mph	Male 40 - 49:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:09.455	08:01	7.5mph	00:04:09.455	
				Split 2		00:04:10.590	08:04	7.4mph	00:08:20.045	
				Split 3		00:04:18.915	08:20	7.2mph	00:12:38.960	
				Split 4		00:04:22.841	08:27	7.1mph	00:17:01.801	
				Split 5		00:04:21.151	08:24	7.1mph	00:21:22.952	
				Split 6		00:04:17.075	08:16	7.2mph	00:25:40.027	
31	JEFF MINKLER		M: 18	Runner	147	00:25:41.32	08:16	7.3mph	Male 40 - 49:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:00.530	07:44	7.7mph	00:04:00.530	
				Split 2		00:04:10.425	08:03	7.4mph	00:08:10.955	
				Split 3		00:04:26.855	08:35	7.0mph	00:12:37.810	
				Split 4		00:04:27.301	08:36	7.0mph	00:17:05.111	
				Split 5		00:04:30.026	08:41	6.9mph	00:21:35.137	
				Split 6		00:04:06.183	07:55	7.6mph	00:25:41.320	
32	KEVIN DELANEY		M: 19	Runner	78	00:25:41.87	08:16	7.3mph	Male 40 - 49:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:01.058	07:45	7.7mph	00:04:01.058	
				Split 2		00:04:07.898	07:58	7.5mph	00:08:08.956	
				Split 3		00:04:23.539	08:29	7.1mph	00:12:32.495	
				Split 4		00:04:27.750	08:37	7.0mph	00:17:00.245	
				Split 5		00:04:29.192	08:40	6.9mph	00:21:29.437	
				Split 6		00:04:12.433	08:07	7.4mph	00:25:41.870	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
33	ERIN MURPHY		F: 14	Runner	57	00:25:42.55	08:16	7.3mph	Female 20 - 29:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:26.059	08:34	7.0mph	00:04:26.059	
				Split 2		00:04:20.488	08:23	7.2mph	00:08:46.547	
				Split 3		00:04:22.048	08:26	7.1mph	00:13:08.595	
				Split 4		00:04:18.692	08:19	7.2mph	00:17:27.287	
				Split 5		00:04:12.734	08:08	7.4mph	00:21:40.021	
				Split 6		00:04:02.530	07:48	7.7mph	00:25:42.551	
34	CYNTHIA PERREA		F: 15	Runner	82	00:25:50.42	08:19	7.2mph	Female 50 - 59:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:15.943	08:14	7.3mph	00:04:15.943	
				Split 2		00:04:18.681	08:19	7.2mph	00:08:34.624	
				Split 3		00:04:19.722	08:21	7.2mph	00:12:54.346	
				Split 4		00:04:20.140	08:22	7.2mph	00:17:14.486	
				Split 5		00:04:23.135	08:28	7.1mph	00:21:37.621	
				Split 6		00:04:12.801	08:08	7.4mph	00:25:50.422	
35	HEATHER SLADE		F: 16	Runner	21	00:26:06.65	08:24	7.1mph	Female 40 - 49:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:33.212	08:47	6.8mph	00:04:33.212	
				Split 2		00:04:15.300	08:13	7.3mph	00:08:48.512	
				Split 3		00:04:19.740	08:21	7.2mph	00:13:08.252	
				Split 4		00:04:25.037	08:32	7.0mph	00:17:33.289	
				Split 5		00:04:21.464	08:25	7.1mph	00:21:54.753	
				Split 6		00:04:11.898	08:06	7.4mph	00:26:06.651	
36	PATTY DWYER		F: 17	Runner	240	00:26:08.16	08:24	7.1mph	Female 30 - 39:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:50.451	09:21	6.4mph	00:04:50.451	
				Split 2		00:04:22.143	08:26	7.1mph	00:09:12.594	
				Split 3		00:04:19.958	08:22	7.2mph	00:13:32.552	
				Split 4		00:04:15.341	08:13	7.3mph	00:17:47.893	
				Split 5		00:04:13.646	08:10	7.3mph	00:22:01.539	
				Split 6		00:04:06.627	07:56	7.6mph	00:26:08.166	
37	JEFF SLADE		M: 20	Runner	22	00:26:11.36	08:25	7.1mph	Male 40 - 49:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:35.174	08:51	6.8mph	00:04:35.174	
				Split 2		00:04:14.216	08:11	7.3mph	00:08:49.390	
				Split 3		00:04:20.964	08:24	7.1mph	00:13:10.354	
				Split 4		00:04:24.216	08:30	7.1mph	00:17:34.570	
				Split 5		00:04:22.589	08:27	7.1mph	00:21:57.159	
				Split 6		00:04:14.205	08:11	7.3mph	00:26:11.364	
38	JODIE LAHEY		F: 18	Runner	33	00:26:17.76	08:27	7.1mph	Female 40 - 49:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:11.856	08:06	7.4mph	00:04:11.856	
				Split 2		00:04:16.649	08:15	7.3mph	00:08:28.505	
				Split 3		00:04:31.402	08:44	6.9mph	00:12:59.907	
				Split 4		00:04:33.270	08:47	6.8mph	00:17:33.177	
				Split 5		00:04:22.615	08:27	7.1mph	00:21:55.792	
				Split 6		00:04:21.968	08:26	7.1mph	00:26:17.760	
39	ROBIN AVERY		F: 19	Runner	333	00:26:34.12	08:33	7.0mph	Female 60 - 69:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:35.416	08:52	6.8mph	00:04:35.416	
				Split 2		00:04:21.778	08:25	7.1mph	00:08:57.194	
				Split 3		00:04:24.468	08:30	7.0mph	00:13:21.662	
				Split 4		00:04:25.690	08:33	7.0mph	00:17:47.352	
				Split 5		00:04:21.361	08:24	7.1mph	00:22:08.713	
				Split 6		00:04:25.415	08:32	7.0mph	00:26:34.128	
40	LINDSEY TULLER		F: 20	Runner	93	00:26:34.95	08:33	7.0mph	Female 40 - 49:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:19.807	08:21	7.2mph	00:04:19.807	
				Split 2		00:04:27.611	08:37	7.0mph	00:08:47.418	
				Split 3		00:04:33.575	08:48	6.8mph	00:13:20.993	
				Split 4		00:04:38.476	08:58	6.7mph	00:17:59.469	
				Split 5		00:04:22.280	08:26	7.1mph	00:22:21.749	
				Split 6		00:04:13.205	08:09	7.4mph	00:26:34.954	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
41	KYLE JDIN		M: 21	Runner	98	00:26:41.71	08:35	7.0mph	Male 30 - 39:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:06.760	07:56	7.6mph	00:04:06.760	
				Split 2		00:04:16.075	08:14	7.3mph	00:08:22.835	
				Split 3		00:04:34.813	08:50	6.8mph	00:12:57.648	
				Split 4		00:04:44.329	09:09	6.6mph	00:17:41.977	
				Split 5		00:04:40.976	09:02	6.6mph	00:22:22.953	
				Split 6		00:04:18.766	08:19	7.2mph	00:26:41.719	
42	EVAN HICKOK		M: 22	Runner	79	00:26:47.92	08:37	7.0mph	Male 40 - 49:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:09.988	08:02	7.5mph	00:04:09.988	
				Split 2		00:04:22.779	08:27	7.1mph	00:08:32.767	
				Split 3		00:04:36.153	08:53	6.7mph	00:13:08.920	
				Split 4		00:04:35.081	08:51	6.8mph	00:17:44.001	
				Split 5		00:04:32.916	08:47	6.8mph	00:22:16.917	
				Split 6		00:04:31.011	08:43	6.9mph	00:26:47.928	
43	BERNARD MACK		M: 23	Runner	80	00:26:49.04	08:37	7.0mph	Male 70 - 120:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:19.129	08:20	7.2mph	00:04:19.129	
				Split 2		00:04:52.140	09:24	6.4mph	00:09:11.269	
				Split 3		00:04:25.893	08:33	7.0mph	00:13:37.162	
				Split 4		00:04:24.501	08:31	7.0mph	00:18:01.663	
				Split 5		00:04:23.034	08:28	7.1mph	00:22:24.697	
				Split 6		00:04:24.352	08:30	7.0mph	00:26:49.049	
44	AIMEE LENNON		F: 21	Runner	373	00:26:55.63	08:40	6.9mph	Female 40 - 49:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:26.555	08:34	7.0mph	00:04:26.555	
				Split 2		00:04:30.389	08:42	6.9mph	00:08:56.944	
				Split 3		00:04:31.386	08:44	6.9mph	00:13:28.330	
				Split 4		00:04:29.930	08:41	6.9mph	00:17:58.260	
				Split 5		00:04:30.450	08:42	6.9mph	00:22:28.710	
				Split 6		00:04:26.928	08:35	7.0mph	00:26:55.638	
45	KIM BAKER		F: 22	Runner	66	00:27:00.52	08:41	6.9mph	Female 50 - 59:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:48.868	09:18	6.5mph	00:04:48.868	
				Split 2		00:04:28.284	08:38	6.9mph	00:09:17.152	
				Split 3		00:04:25.407	08:32	7.0mph	00:13:42.559	
				Split 4		00:04:26.187	08:34	7.0mph	00:18:08.746	
				Split 5		00:04:27.601	08:36	7.0mph	00:22:36.347	
				Split 6		00:04:24.177	08:30	7.1mph	00:27:00.524	
46	JOANN LYNCH		F: 23	Runner	61	00:27:00.65	08:41	6.9mph	Female 50 - 59:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:47.411	09:15	6.5mph	00:04:47.411	
				Split 2		00:04:28.401	08:38	6.9mph	00:09:15.812	
				Split 3		00:04:25.654	08:33	7.0mph	00:13:41.466	
				Split 4		00:04:27.563	08:36	7.0mph	00:18:09.029	
				Split 5		00:04:27.318	08:36	7.0mph	00:22:36.347	
				Split 6		00:04:24.304	08:30	7.1mph	00:27:00.651	
47	MATTHEW KERWOOD		M: 24	Runner	63	00:27:02.30	08:42	6.9mph	Male 50 - 59:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:48.790	09:17	6.5mph	00:04:48.790	
				Split 2		00:04:30.651	08:42	6.9mph	00:09:19.441	
				Split 3		00:04:26.479	08:34	7.0mph	00:13:45.920	
				Split 4		00:04:26.274	08:34	7.0mph	00:18:12.194	
				Split 5		00:04:23.771	08:29	7.1mph	00:22:35.965	
				Split 6		00:04:26.335	08:34	7.0mph	00:27:02.300	
48	JOHN TROIANO		M: 25	Runner	110	00:27:02.47	08:42	6.9mph	Male 50 - 59:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:50.642	09:21	6.4mph	00:04:50.642	
				Split 2		00:04:27.449	08:36	7.0mph	00:09:18.091	
				Split 3		00:04:25.048	08:32	7.0mph	00:13:43.139	
				Split 4		00:04:27.997	08:37	7.0mph	00:18:11.136	
				Split 5		00:04:25.693	08:33	7.0mph	00:22:36.829	
				Split 6		00:04:25.643	08:33	7.0mph	00:27:02.472	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
49	NATHAN JOHNSON		M: 26	Runner	984	00:27:10.70	08:44	6.9mph	Male 40 - 49:	10
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:05:29.562	10:36	5.7mph		00:05:29.562
				Split 2		00:04:39.637	09:00	6.7mph		00:10:09.199
				Split 3		00:04:31.057	08:43	6.9mph		00:14:40.256
				Split 4		00:04:10.620	08:04	7.4mph		00:18:50.876
				Split 5		00:04:11.348	08:05	7.4mph		00:23:02.224
				Split 6		00:04:08.479	08:00	7.5mph		00:27:10.703
50	PAUL MCKEEVER		M: 27	Runner	148	00:27:21.08	08:48	6.8mph	Male 60 - 69:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:36.204	08:53	6.7mph		00:04:36.204
				Split 2		00:04:37.883	08:56	6.7mph		00:09:14.087
				Split 3		00:04:33.058	08:47	6.8mph		00:13:47.145
				Split 4		00:04:31.375	08:44	6.9mph		00:18:18.520
				Split 5		00:04:31.427	08:44	6.9mph		00:22:49.947
				Split 6		00:04:31.141	08:43	6.9mph		00:27:21.088
51	MEAGHAN MARTIN		F: 24	Runner	34	00:27:25.82	08:49	6.8mph	Female 30 - 39:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:59.264	09:38	6.2mph		00:04:59.264
				Split 2		00:04:23.677	08:29	7.1mph		00:09:22.941
				Split 3		00:04:29.169	08:40	6.9mph		00:13:52.110
				Split 4		00:04:27.492	08:36	7.0mph		00:18:19.602
				Split 5		00:04:36.924	08:55	6.7mph		00:22:56.526
				Split 6		00:04:29.294	08:40	6.9mph		00:27:25.820
52	MANNY DUPRAS		M: 28	Runner	361	00:27:26.85	08:50	6.8mph	Male 0 - 19:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:27.114	08:36	7.0mph		00:04:27.114
				Split 2		00:04:32.808	08:47	6.8mph		00:08:59.922
				Split 3		00:04:40.521	09:01	6.6mph		00:13:40.443
				Split 4		00:04:45.086	09:10	6.5mph		00:18:25.529
				Split 5		00:04:39.603	09:00	6.7mph		00:23:05.132
				Split 6		00:04:21.724	08:25	7.1mph		00:27:26.856
53	JON MATTIS		M: 29	Runner	182	00:27:55.25	08:59	6.7mph	Male 60 - 69:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:05:30.790	10:39	5.6mph		00:05:30.790
				Split 2		00:04:34.760	08:50	6.8mph		00:10:05.550
				Split 3		00:04:30.858	08:43	6.9mph		00:14:36.408
				Split 4		00:04:27.493	08:36	7.0mph		00:19:03.901
				Split 5		00:04:28.605	08:38	6.9mph		00:23:32.506
				Split 6		00:04:22.746	08:27	7.1mph		00:27:55.252
54	ALBA PASSERINI		F: 25	Runner	3	00:27:55.84	08:59	6.7mph	Female 70 - 120:	1
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:36.042	08:53	6.8mph		00:04:36.042
				Split 2		00:04:38.562	08:58	6.7mph		00:09:14.604
				Split 3		00:04:37.506	08:56	6.7mph		00:13:52.110
				Split 4		00:04:41.784	09:04	6.6mph		00:18:33.894
				Split 5		00:04:43.698	09:08	6.6mph		00:23:17.592
				Split 6		00:04:38.250	08:57	6.7mph		00:27:55.842
55	SARAH COX		F: 26	Runner	8	00:27:56.56	08:59	6.7mph	Female 40 - 49:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:41.965	09:04	6.6mph		00:04:41.965
				Split 2		00:04:42.317	09:05	6.6mph		00:09:24.282
				Split 3		00:04:40.390	09:01	6.6mph		00:14:04.672
				Split 4		00:04:44.833	09:10	6.5mph		00:18:49.505
				Split 5		00:04:38.346	08:57	6.7mph		00:23:27.851
				Split 6		00:04:28.711	08:39	6.9mph		00:27:56.562
56	MICHELLE MASON		F: 27	Runner	242	00:28:08.89	09:03	6.6mph	Female 50 - 59:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
				Split 1		00:04:36.531	08:54	6.7mph		00:04:36.531
				Split 2		00:04:39.627	09:00	6.7mph		00:09:16.158
				Split 3		00:04:38.072	08:57	6.7mph		00:13:54.230
				Split 4		00:04:45.666	09:11	6.5mph		00:18:39.896
				Split 5		00:04:45.036	09:10	6.5mph		00:23:24.932
				Split 6		00:04:43.964	09:08	6.6mph		00:28:08.896

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
57	BARBARA MCMAHON		F: 28	Runner	17	00:28:10.73	09:04	6.6mph	Female 50 - 59:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:55.300	09:30	6.3mph	00:04:55.300	
				Split 2		00:04:43.962	09:08	6.6mph	00:09:39.262	
				Split 3		00:04:47.115	09:14	6.5mph	00:14:26.377	
				Split 4		00:04:40.833	09:02	6.6mph	00:19:07.210	
				Split 5		00:04:35.791	08:52	6.8mph	00:23:43.001	
				Split 6		00:04:27.737	08:37	7.0mph	00:28:10.738	
58	MARISSA VILLACIS		F: 29	Runner	72	00:28:11.52	09:04	6.6mph	Female 40 - 49:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:51.334	09:22	6.4mph	00:04:51.334	
				Split 2		00:04:30.644	08:42	6.9mph	00:09:21.978	
				Split 3		00:04:41.375	09:03	6.6mph	00:14:03.353	
				Split 4		00:04:44.633	09:09	6.5mph	00:18:47.986	
				Split 5		00:04:47.391	09:15	6.5mph	00:23:35.377	
				Split 6		00:04:36.151	08:53	6.7mph	00:28:11.528	
59	CONNOR WILUSZ		M: 30	Runner	9	00:28:35.42	09:12	6.5mph	Male 0 - 19:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:09.275	08:01	7.5mph	00:04:09.275	
				Split 2		00:04:50.935	09:22	6.4mph	00:09:00.210	
				Split 3		00:04:55.565	09:31	6.3mph	00:13:55.775	
				Split 4		00:04:51.991	09:24	6.4mph	00:18:47.766	
				Split 5		00:05:00.056	09:39	6.2mph	00:23:47.822	
				Split 6		00:04:47.602	09:15	6.5mph	00:28:35.424	
60	MICHAEL DUFFY		M: 31	Runner	985	00:28:36.72	09:12	6.5mph	Male 30 - 39:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:58.543	09:36	6.2mph	00:04:58.543	
				Split 2		00:04:44.072	09:08	6.6mph	00:09:42.615	
				Split 3		00:04:53.210	09:26	6.4mph	00:14:35.825	
				Split 4		00:04:56.204	09:32	6.3mph	00:19:32.029	
				Split 5		00:04:56.063	09:31	6.3mph	00:24:28.092	
				Split 6		00:04:08.632	08:00	7.5mph	00:28:36.724	
61	PEGGI-JEANNE FLOOD		F: 30	Runner	144	00:28:38.37	09:13	6.5mph	Female 40 - 49:	10
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:56.275	09:32	6.3mph	00:04:56.275	
				Split 2		00:04:47.512	09:15	6.5mph	00:09:43.787	
				Split 3		00:04:41.484	09:03	6.6mph	00:14:25.271	
				Split 4		00:04:41.301	09:03	6.6mph	00:19:06.572	
				Split 5		00:04:44.384	09:09	6.6mph	00:23:50.956	
				Split 6		00:04:47.414	09:15	6.5mph	00:28:38.370	
62	JAMES WILUSZ		M: 32	Runner	10	00:28:38.90	09:13	6.5mph	Male 40 - 49:	11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:12.223	08:07	7.4mph	00:04:12.223	
				Split 2		00:04:48.222	09:16	6.5mph	00:09:00.445	
				Split 3		00:04:54.609	09:29	6.3mph	00:13:55.054	
				Split 4		00:04:50.962	09:22	6.4mph	00:18:46.016	
				Split 5		00:05:01.928	09:43	6.2mph	00:23:47.944	
				Split 6		00:04:50.958	09:22	6.4mph	00:28:38.902	
63	KEVIN THOMSON		M: 33	Runner	26	00:28:42.12	09:14	6.5mph	Male 60 - 69:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:15.769	10:10	5.9mph	00:05:15.769	
				Split 2		00:04:51.427	09:23	6.4mph	00:10:07.196	
				Split 3		00:04:35.816	08:52	6.8mph	00:14:43.012	
				Split 4		00:04:41.904	09:04	6.6mph	00:19:24.916	
				Split 5		00:04:45.059	09:10	6.5mph	00:24:09.975	
				Split 6		00:04:32.148	08:45	6.8mph	00:28:42.123	
64	KERRI MCNAMARA		F: 31	Runner	48	00:29:08.72	09:22	6.4mph	Female 40 - 49:	11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:13.249	10:05	5.9mph	00:05:13.249	
				Split 2		00:04:57.515	09:34	6.3mph	00:10:10.764	
				Split 3		00:04:54.112	09:28	6.3mph	00:15:04.876	
				Split 4		00:04:46.582	09:13	6.5mph	00:19:51.458	
				Split 5		00:04:50.183	09:20	6.4mph	00:24:41.641	
				Split 6		00:04:27.080	08:35	7.0mph	00:29:08.721	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
65	DENISE CRANE		F: 32	Runner	239	00:29:09.62	09:23	6.4mph	Female 50 - 59:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:44.399	09:09	6.6mph	00:04:44.399	
				Split 2		00:04:50.944	09:22	6.4mph	00:09:35.343	
				Split 3		00:04:54.402	09:28	6.3mph	00:14:29.745	
				Split 4		00:04:57.504	09:34	6.3mph	00:19:27.249	
				Split 5		00:04:52.604	09:25	6.4mph	00:24:19.853	
				Split 6		00:04:49.769	09:19	6.4mph	00:29:09.622	
66	MICHAEL CACHET		M: 34	Runner	342	00:29:12.75	09:24	6.4mph	Male 50 - 59:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:34.737	10:46	5.6mph	00:05:34.737	
				Split 2		00:04:46.658	09:13	6.5mph	00:10:21.395	
				Split 3		00:04:32.502	08:46	6.8mph	00:14:53.897	
				Split 4		00:04:43.630	09:07	6.6mph	00:19:37.527	
				Split 5		00:04:43.267	09:07	6.6mph	00:24:20.794	
				Split 6		00:04:51.961	09:24	6.4mph	00:29:12.755	
67	DAN SIMONDS		M: 35	Runner	41	00:29:19.34	09:26	6.4mph	Male 40 - 49:	12
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:54.146	09:28	6.3mph	00:04:54.146	
				Split 2		00:04:51.790	09:23	6.4mph	00:09:45.936	
				Split 3		00:04:57.722	09:35	6.3mph	00:14:43.658	
				Split 4		00:04:47.941	09:16	6.5mph	00:19:31.599	
				Split 5		00:04:58.060	09:35	6.3mph	00:24:29.659	
				Split 6		00:04:49.681	09:19	6.4mph	00:29:19.340	
68	ZACHARY HARDOON		M: 36	Runner	5	00:29:27.32	09:28	6.3mph	Male 30 - 39:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:48.279	09:16	6.5mph	00:04:48.279	
				Split 2		00:05:01.640	09:42	6.2mph	00:09:49.919	
				Split 3		00:05:01.505	09:42	6.2mph	00:14:51.424	
				Split 4		00:04:51.743	09:23	6.4mph	00:19:43.167	
				Split 5		00:04:58.474	09:36	6.2mph	00:24:41.641	
				Split 6		00:04:45.684	09:11	6.5mph	00:29:27.325	
69	ALISHA THOMSON		F: 33	Runner	7	00:29:28.25	09:29	6.3mph	Female 30 - 39:	7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:49.046	09:18	6.4mph	00:04:49.046	
				Split 2		00:05:01.279	09:42	6.2mph	00:09:50.325	
				Split 3		00:05:01.942	09:43	6.2mph	00:14:52.267	
				Split 4		00:04:51.556	09:23	6.4mph	00:19:43.823	
				Split 5		00:04:58.262	09:36	6.2mph	00:24:42.085	
				Split 6		00:04:46.174	09:12	6.5mph	00:29:28.259	
70	KAREN SINOPOLI		F: 34	Runner	84	00:29:35.37	09:31	6.3mph	Female 30 - 39:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:09.800	09:58	6.0mph	00:05:09.800	
				Split 2		00:04:58.009	09:35	6.3mph	00:10:07.809	
				Split 3		00:04:51.745	09:23	6.4mph	00:14:59.554	
				Split 4		00:04:54.433	09:28	6.3mph	00:19:53.987	
				Split 5		00:04:53.734	09:27	6.3mph	00:24:47.721	
				Split 6		00:04:47.656	09:15	6.5mph	00:29:35.377	
71	MATT LEE		M: 37	Runner	94	00:29:37.59	09:32	6.3mph	Male 40 - 49:	13
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:28.090	08:37	7.0mph	00:04:28.090	
				Split 2		00:04:59.345	09:38	6.2mph	00:09:27.435	
				Split 3		00:05:05.344	09:49	6.1mph	00:14:32.779	
				Split 4		00:05:03.831	09:46	6.1mph	00:19:36.610	
				Split 5		00:05:04.428	09:48	6.1mph	00:24:41.038	
				Split 6		00:04:56.555	09:32	6.3mph	00:29:37.593	
72	JENNIFER LUZIS		F: 35	Runner	745	00:29:45.98	09:34	6.3mph	Female 30 - 39:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:20.612	10:19	5.8mph	00:05:20.612	
				Split 2		00:04:49.510	09:19	6.4mph	00:10:10.122	
				Split 3		00:04:51.488	09:23	6.4mph	00:15:01.610	
				Split 4		00:04:53.585	09:27	6.3mph	00:19:55.195	
				Split 5		00:04:57.123	09:34	6.3mph	00:24:52.318	
				Split 6		00:04:53.670	09:27	6.3mph	00:29:45.988	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
73	MARCIE SIMONDS		F: 36	Runner	744	00:29:53.05	09:37	6.2mph	Female 40 - 49:	12
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:05.148	09:49	6.1mph	00:05:05.148	
				Split 2		00:04:58.538	09:36	6.2mph	00:10:03.686	
				Split 3		00:05:02.383	09:44	6.2mph	00:15:06.069	
				Split 4		00:05:01.034	09:41	6.2mph	00:20:07.103	
				Split 5		00:04:59.429	09:38	6.2mph	00:25:06.532	
				Split 6		00:04:46.527	09:13	6.5mph	00:29:53.059	
74	KAREN BRUCE		F: 37	Runner	107	00:29:54.17	09:37	6.2mph	Female 40 - 49:	13
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:55.129	09:30	6.3mph	00:04:55.129	
				Split 2		00:04:51.639	09:23	6.4mph	00:09:46.768	
				Split 3		00:05:02.142	09:43	6.2mph	00:14:48.910	
				Split 4		00:05:07.155	09:53	6.1mph	00:19:56.065	
				Split 5		00:05:07.986	09:55	6.1mph	00:25:04.051	
				Split 6		00:04:50.125	09:20	6.4mph	00:29:54.176	
75	AMANDA HOWLAND		F: 38	Runner	65	00:29:57.67	09:38	6.2mph	Female 40 - 49:	14
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:07.024	09:53	6.1mph	00:05:07.024	
				Split 2		00:05:00.463	09:40	6.2mph	00:10:07.487	
				Split 3		00:04:57.654	09:35	6.3mph	00:15:05.141	
				Split 4		00:05:02.461	09:44	6.2mph	00:20:07.602	
				Split 5		00:04:58.496	09:36	6.2mph	00:25:06.098	
				Split 6		00:04:51.576	09:23	6.4mph	00:29:57.674	
76	SARA PHILLIPS		F: 39	Runner	60	00:30:00.75	09:39	6.2mph	Female 30 - 39:	10
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:17.374	10:13	5.9mph	00:05:17.374	
				Split 2		00:04:57.390	09:34	6.3mph	00:10:14.764	
				Split 3		00:04:59.297	09:38	6.2mph	00:15:14.061	
				Split 4		00:04:55.528	09:30	6.3mph	00:20:09.589	
				Split 5		00:04:51.601	09:23	6.4mph	00:25:01.190	
				Split 6		00:04:59.561	09:38	6.2mph	00:30:00.751	
77	CAROL CUSHENETTE		F: 40	Runner	131	00:30:15.99	09:44	6.2mph	Female 60 - 69:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:14.096	10:06	5.9mph	00:05:14.096	
				Split 2		00:05:02.824	09:45	6.2mph	00:10:16.920	
				Split 3		00:05:00.403	09:40	6.2mph	00:15:17.323	
				Split 4		00:05:00.117	09:39	6.2mph	00:20:17.440	
				Split 5		00:05:01.813	09:43	6.2mph	00:25:19.253	
				Split 6		00:04:56.740	09:33	6.3mph	00:30:15.993	
78	DIANA FISCU		F: 41	Runner	134	00:30:21.82	09:46	6.1mph	Female 50 - 59:	10
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:41.091	09:03	6.6mph	00:04:41.091	
				Split 2		00:04:53.719	09:27	6.3mph	00:09:34.810	
				Split 3		00:04:59.298	09:38	6.2mph	00:14:34.108	
				Split 4		00:05:16.035	10:10	5.9mph	00:19:50.143	
				Split 5		00:05:20.422	10:19	5.8mph	00:25:10.565	
				Split 6		00:05:11.256	10:01	6.0mph	00:30:21.821	
79	SANDRA HAYWOOD		F: 42	Runner	231	00:30:27.11	09:48	6.1mph	Female 60 - 69:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:54.367	09:28	6.3mph	00:04:54.367	
				Split 2		00:05:03.083	09:45	6.1mph	00:09:57.450	
				Split 3		00:05:10.139	09:59	6.0mph	00:15:07.589	
				Split 4		00:05:10.523	09:59	6.0mph	00:20:18.112	
				Split 5		00:05:10.139	09:59	6.0mph	00:25:28.251	
				Split 6		00:04:58.859	09:37	6.2mph	00:30:27.110	
80	JODI HERMANSKI		F: 43	Runner	238	00:30:32.20	09:49	6.1mph	Female 30 - 39:	11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:35.174	08:51	6.8mph	00:04:35.174	
				Split 2		00:04:49.489	09:19	6.4mph	00:09:24.663	
				Split 3		00:05:00.249	09:40	6.2mph	00:14:24.912	
				Split 4		00:05:21.048	10:20	5.8mph	00:19:45.960	
				Split 5		00:05:40.025	10:56	5.5mph	00:25:25.985	
				Split 6		00:05:06.217	09:51	6.1mph	00:30:32.202	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
81	CHRISTINE HOVER		F: 44	Runner	115	00:30:33.79	09:50	6.1mph	Female 40 - 49:	15
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:58.739	09:37	6.2mph	00:04:58.739	
				Split 2		00:05:06.811	09:52	6.1mph	00:10:05.550	
				Split 3		00:05:07.398	09:53	6.1mph	00:15:12.948	
				Split 4		00:05:08.825	09:56	6.0mph	00:20:21.773	
				Split 5		00:05:13.564	10:05	5.9mph	00:25:35.337	
				Split 6		00:04:58.459	09:36	6.2mph	00:30:33.796	
82	MEGAN CARON		F: 45	Runner	138	00:30:36.70	09:51	6.1mph	Female 30 - 39:	12
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:03.681	09:46	6.1mph	00:05:03.681	
				Split 2		00:05:06.555	09:52	6.1mph	00:10:10.236	
				Split 3		00:05:02.326	09:44	6.2mph	00:15:12.562	
				Split 4		00:05:15.404	10:09	5.9mph	00:20:27.966	
				Split 5		00:05:07.371	09:53	6.1mph	00:25:35.337	
				Split 6		00:05:01.372	09:42	6.2mph	00:30:36.709	
83	CAROLYN COCO		F: 46	Runner	64	00:30:37.63	09:51	6.1mph	Female 50 - 59:	11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:48.228	11:12	5.4mph	00:05:48.228	
				Split 2		00:05:08.451	09:55	6.0mph	00:10:56.679	
				Split 3		00:05:06.507	09:52	6.1mph	00:16:03.186	
				Split 4		00:04:52.861	09:25	6.4mph	00:20:56.047	
				Split 5		00:04:54.375	09:28	6.3mph	00:25:50.422	
				Split 6		00:04:47.212	09:14	6.5mph	00:30:37.634	
84	KATHLEEN MCNICH		F: 47	Runner	750	00:30:38.35	09:51	6.1mph	Female 50 - 59:	12
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:25.657	10:29	5.7mph	00:05:25.657	
				Split 2		00:04:54.427	09:28	6.3mph	00:10:20.084	
				Split 3		00:04:57.239	09:34	6.3mph	00:15:17.323	
				Split 4		00:05:04.769	09:48	6.1mph	00:20:22.092	
				Split 5		00:05:11.331	10:01	6.0mph	00:25:33.423	
				Split 6		00:05:04.935	09:49	6.1mph	00:30:38.358	
85	RACHEL BISHOP		F: 48	Runner	25	00:30:45.65	09:54	6.1mph	Female 30 - 39:	13
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:35.405	10:47	5.6mph	00:05:35.405	
				Split 2		00:04:59.489	09:38	6.2mph	00:10:34.894	
				Split 3		00:04:54.288	09:28	6.3mph	00:15:29.182	
				Split 4		00:04:59.533	09:38	6.2mph	00:20:28.715	
				Split 5		00:05:10.290	09:59	6.0mph	00:25:39.005	
				Split 6		00:05:06.647	09:52	6.1mph	00:30:45.652	
86	DARVIS LEE		M: 38	Runner	81	00:31:20.28	10:05	5.9mph	Male 30 - 39:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:49.781	09:19	6.4mph	00:04:49.781	
				Split 2		00:04:53.006	09:26	6.4mph	00:09:42.787	
				Split 3		00:05:13.760	10:06	5.9mph	00:14:56.547	
				Split 4		00:05:24.692	10:27	5.7mph	00:20:21.239	
				Split 5		00:05:32.301	10:41	5.6mph	00:25:53.540	
				Split 6		00:05:26.748	10:31	5.7mph	00:31:20.288	
87	LURIE RONDEAU		F: 49	Runner	77	00:31:21.29	10:05	5.9mph	Female 60 - 69:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:06.727	09:52	6.1mph	00:05:06.727	
				Split 2		00:05:20.574	10:19	5.8mph	00:10:27.301	
				Split 3		00:05:19.418	10:17	5.8mph	00:15:46.719	
				Split 4		00:05:16.443	10:11	5.9mph	00:21:03.162	
				Split 5		00:05:15.161	10:08	5.9mph	00:26:18.323	
				Split 6		00:05:02.968	09:45	6.2mph	00:31:21.291	
88	LISA KOHLER		F: 50	Runner	106	00:31:22.69	10:05	5.9mph	Female 40 - 49:	16
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:36.416	10:49	5.5mph	00:05:36.416	
				Split 2		00:05:18.796	10:15	5.8mph	00:10:55.212	
				Split 3		00:05:12.527	10:03	6.0mph	00:16:07.739	
				Split 4		00:05:09.324	09:57	6.0mph	00:21:17.063	
				Split 5		00:05:08.359	09:55	6.0mph	00:26:25.422	
				Split 6		00:04:57.269	09:34	6.3mph	00:31:22.691	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
89	ALINE FERRIS		F: 51	Runner	980	00:31:23.23	10:06	5.9mph	Female 50 - 59:	13
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:16.457	10:11	5.9mph		00:05:16.457
			Split 2			00:05:12.316	10:03	6.0mph		00:10:28.773
			Split 3			00:05:17.162	10:12	5.9mph		00:15:45.935
			Split 4			00:05:15.443	10:09	5.9mph		00:21:01.378
			Split 5			00:05:14.634	10:07	5.9mph		00:26:16.012
			Split 6			00:05:07.219	09:53	6.1mph		00:31:23.231
90	JESSICA EDDY		F: 52	Runner	111	00:31:35.66	10:10	5.9mph	Female 30 - 39:	14
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:29.744	10:37	5.7mph		00:05:29.744
			Split 2			00:05:13.321	10:05	5.9mph		00:10:43.065
			Split 3			00:05:10.420	09:59	6.0mph		00:15:53.485
			Split 4			00:05:14.811	10:08	5.9mph		00:21:08.296
			Split 5			00:05:18.345	10:15	5.9mph		00:26:26.641
			Split 6			00:05:09.027	09:57	6.0mph		00:31:35.668
91	HALLEY CIMINI		F: 53	Runner	114	00:31:35.83	10:10	5.9mph	Female 30 - 39:	15
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:30.996	10:39	5.6mph		00:05:30.996
			Split 2			00:05:11.799	10:02	6.0mph		00:10:42.795
			Split 3			00:05:11.375	10:01	6.0mph		00:15:54.170
			Split 4			00:05:13.608	10:05	5.9mph		00:21:07.778
			Split 5			00:05:19.435	10:17	5.8mph		00:26:27.213
			Split 6			00:05:08.622	09:56	6.0mph		00:31:35.835
92	KARI MURAD		F: 54	Runner	471	00:31:41.37	10:11	5.9mph	Female 40 - 49:	17
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:52.443	11:20	5.3mph		00:05:52.443
			Split 2			00:05:13.393	10:05	5.9mph		00:11:05.836
			Split 3			00:05:05.566	09:50	6.1mph		00:16:11.402
			Split 4			00:05:07.259	09:53	6.1mph		00:21:18.661
			Split 5			00:05:17.341	10:13	5.9mph		00:26:36.002
			Split 6			00:05:05.373	09:49	6.1mph		00:31:41.375
93	DONNA HALTON		F: 55	Runner	2	00:31:43.25	10:12	5.9mph	Female 60 - 69:	5
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:30.790	10:39	5.6mph		00:05:30.790
			Split 2			00:05:16.832	10:12	5.9mph		00:10:47.622
			Split 3			00:05:12.603	10:03	6.0mph		00:16:00.225
			Split 4			00:05:14.667	10:07	5.9mph		00:21:14.892
			Split 5			00:05:18.595	10:15	5.8mph		00:26:33.487
			Split 6			00:05:09.765	09:58	6.0mph		00:31:43.252
94	MICKIE AUDETTE		F: 56	Runner	979	00:31:53.54	10:15	5.8mph	Female 40 - 49:	18
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:23.005	10:24	5.8mph		00:05:23.005
			Split 2			00:05:18.203	10:14	5.9mph		00:10:41.208
			Split 3			00:05:16.301	10:11	5.9mph		00:15:57.509
			Split 4			00:05:21.569	10:21	5.8mph		00:21:19.078
			Split 5			00:05:23.657	10:25	5.8mph		00:26:42.735
			Split 6			00:05:10.805	10:00	6.0mph		00:31:53.540
95	ALICIA ALDAM		F: 57	Runner	53	00:32:05.00	10:19	5.8mph	Female 50 - 59:	14
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:22.983	10:23	5.8mph		00:05:22.983
			Split 2			00:05:22.639	10:23	5.8mph		00:10:45.622
			Split 3			00:05:17.813	10:14	5.9mph		00:16:03.435
			Split 4			00:05:24.157	10:26	5.7mph		00:21:27.592
			Split 5			00:05:20.926	10:20	5.8mph		00:26:48.518
			Split 6			00:05:16.482	10:11	5.9mph		00:32:05.000
96	GAIL JOHNSON		F: 58	Runner	105	00:32:21.71	10:24	5.8mph	Female 70 - 120:	2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
			Split 1			00:05:33.712	10:44	5.6mph		00:05:33.712
			Split 2			00:05:26.115	10:30	5.7mph		00:10:59.827
			Split 3			00:05:22.060	10:22	5.8mph		00:16:21.887
			Split 4			00:05:24.261	10:26	5.7mph		00:21:46.148
			Split 5			00:05:24.130	10:26	5.7mph		00:27:10.278
			Split 6			00:05:11.435	10:01	6.0mph		00:32:21.713

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
97	KATE HEATH		F: 59	Runner	92	00:32:24.95	10:26	5.8mph	Female 40 - 49:	19
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:51.435	11:18	5.3mph	00:05:51.435	
			Split 2			00:05:27.137	10:32	5.7mph	00:11:18.572	
			Split 3			00:05:18.174	10:14	5.9mph	00:16:36.746	
			Split 4			00:05:17.041	10:12	5.9mph	00:21:53.787	
			Split 5			00:05:17.505	10:13	5.9mph	00:27:11.292	
			Split 6			00:05:13.661	10:05	5.9mph	00:32:24.953	
98	JOHN TULLOCK		M: 39	Runner	39	00:33:02.73	10:38	5.6mph	Male 50 - 59:	8
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:41.388	10:59	5.5mph	00:05:41.388	
			Split 2			00:05:30.260	10:38	5.6mph	00:11:11.648	
			Split 3			00:05:38.549	10:54	5.5mph	00:16:50.197	
			Split 4			00:05:23.919	10:25	5.8mph	00:22:14.116	
			Split 5			00:05:22.918	10:23	5.8mph	00:27:37.034	
			Split 6			00:05:25.703	10:29	5.7mph	00:33:02.737	
99	ANN MARIE MUTZ		F: 60	Runner	4	00:33:03.91	10:38	5.6mph	Female 40 - 49:	20
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:06:00.315	11:36	5.2mph	00:06:00.315	
			Split 2			00:05:16.888	10:12	5.9mph	00:11:17.203	
			Split 3			00:05:21.012	10:20	5.8mph	00:16:38.215	
			Split 4			00:05:24.994	10:27	5.7mph	00:22:03.209	
			Split 5			00:05:30.322	10:38	5.6mph	00:27:33.531	
			Split 6			00:05:30.387	10:38	5.6mph	00:33:03.918	
100	DARLENE BARRY		F: 61	Runner	23	00:33:11.09	10:40	5.6mph	Female 60 - 69:	6
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:45.808	11:08	5.4mph	00:05:45.808	
			Split 2			00:05:25.429	10:28	5.7mph	00:11:11.237	
			Split 3			00:05:26.978	10:31	5.7mph	00:16:38.215	
			Split 4			00:05:33.819	10:44	5.6mph	00:22:12.034	
			Split 5			00:05:27.166	10:32	5.7mph	00:27:39.200	
			Split 6			00:05:31.892	10:41	5.6mph	00:33:11.092	
101	JENNIFER MCGOVERN		F: 62	Runner	36	00:33:20.68	10:43	5.6mph	Female 50 - 59:	15
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:06:30.735	12:34	4.8mph	00:06:30.735	
			Split 2			00:05:29.703	10:36	5.7mph	00:12:00.438	
			Split 3			00:05:21.888	10:21	5.8mph	00:17:22.326	
			Split 4			00:05:19.138	10:16	5.8mph	00:22:41.464	
			Split 5			00:05:19.986	10:18	5.8mph	00:28:01.450	
			Split 6			00:05:19.236	10:16	5.8mph	00:33:20.686	
102	JENNIFER DENOVELLIS		F: 63	Runner	112	00:33:21.98	10:44	5.6mph	Female 30 - 39:	16
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:52.443	11:20	5.3mph	00:05:52.443	
			Split 2			00:05:24.760	10:27	5.7mph	00:11:17.203	
			Split 3			00:05:27.745	10:33	5.7mph	00:16:44.948	
			Split 4			00:05:27.840	10:33	5.7mph	00:22:12.788	
			Split 5			00:05:27.767	10:33	5.7mph	00:27:40.555	
			Split 6			00:05:41.429	10:59	5.5mph	00:33:21.984	
103	BRITTANY HEILBROUN		F: 64	Runner	368	00:33:27.85	10:46	5.6mph	Female 30 - 39:	17
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:06:15.068	12:04	5.0mph	00:06:15.068	
			Split 2			00:05:43.394	11:03	5.4mph	00:11:58.462	
			Split 3			00:05:45.714	11:07	5.4mph	00:17:44.176	
			Split 4			00:05:25.130	10:28	5.7mph	00:23:09.306	
			Split 5			00:05:09.712	09:58	6.0mph	00:28:19.018	
			Split 6			00:05:08.832	09:56	6.0mph	00:33:27.850	
104	ASHLEY DAVIS		F: 65	Runner	225	00:33:29.56	10:46	5.6mph	Female 30 - 39:	18
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:10.064	09:59	6.0mph	00:05:10.064	
			Split 2			00:05:34.029	10:45	5.6mph	00:10:44.093	
			Split 3			00:05:32.337	10:42	5.6mph	00:16:16.430	
			Split 4			00:05:36.888	10:50	5.5mph	00:21:53.318	
			Split 5			00:05:49.807	11:15	5.3mph	00:27:43.125	
			Split 6			00:05:46.437	11:09	5.4mph	00:33:29.562	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
105	KATE WEST		F: 66	Runner	102	00:33:35.85	10:48	5.5mph	Female 40 - 49:	21
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:32.419	12:38	4.7mph	00:06:32.419	
				Split 2		00:06:42.006	12:56	4.6mph	00:13:14.425	
				Split 3		00:04:25.918	08:33	7.0mph	00:17:40.343	
				Split 4		00:04:27.346	08:36	7.0mph	00:22:07.689	
				Split 5		00:07:40.481	14:49	4.0mph	00:29:48.170	
				Split 6		00:03:47.680	07:19	8.2mph	00:33:35.850	
106	LAIKEN RAPISARDE		F: 67	Runner	103	00:33:37.00	10:49	5.5mph	Female 30 - 39:	19
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:29.000	12:31	4.8mph	00:06:29.000	
				Split 2		00:06:44.700	13:01	4.6mph	00:13:13.700	
				Split 3		00:04:25.224	08:32	7.0mph	00:17:38.924	
				Split 4		00:04:27.598	08:36	7.0mph	00:22:06.522	
				Split 5		00:07:41.229	14:51	4.0mph	00:29:47.751	
				Split 6		00:03:49.252	07:22	8.1mph	00:33:37.003	
107	DEBORA ELLSWORTH		F: 68	Runner	104	00:33:43.20	10:51	5.5mph	Female 50 - 59:	16
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:35.239	10:47	5.6mph	00:05:35.239	
				Split 2		00:05:40.362	10:57	5.5mph	00:11:15.601	
				Split 3		00:05:31.573	10:40	5.6mph	00:16:47.174	
				Split 4		00:05:40.418	10:57	5.5mph	00:22:27.592	
				Split 5		00:05:40.816	10:58	5.5mph	00:28:08.408	
				Split 6		00:05:34.800	10:46	5.6mph	00:33:43.208	
108	CINDY SHOGRY-RAIMER		F: 69	Runner	236	00:33:45.54	10:51	5.5mph	Female 50 - 59:	17
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:36.112	10:49	5.5mph	00:05:36.112	
				Split 2		00:05:39.583	10:56	5.5mph	00:11:15.695	
				Split 3		00:05:33.814	10:44	5.6mph	00:16:49.509	
				Split 4		00:05:39.481	10:55	5.5mph	00:22:28.990	
				Split 5		00:05:41.048	10:58	5.5mph	00:28:10.038	
				Split 6		00:05:35.509	10:48	5.6mph	00:33:45.547	
109	ERIC DRAYMAN		M: 40	Runner	46	00:33:54.85	10:54	5.5mph	Male 40 - 49:	14
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:20.009	10:18	5.8mph	00:05:20.009	
				Split 2		00:05:35.802	10:48	5.5mph	00:10:55.811	
				Split 3		00:06:05.990	11:47	5.1mph	00:17:01.801	
				Split 4		00:05:39.058	10:55	5.5mph	00:22:40.859	
				Split 5		00:05:45.878	11:08	5.4mph	00:28:26.737	
				Split 6		00:05:28.114	10:33	5.7mph	00:33:54.851	
110	CORRINN ARAMBULA		F: 70	Runner	96	00:34:02.73	10:57	5.5mph	Female 30 - 39:	20
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:24.257	12:22	4.8mph	00:06:24.257	
				Split 2		00:06:27.613	12:28	4.8mph	00:12:51.870	
				Split 3		00:06:49.965	13:12	4.5mph	00:19:41.835	
				Split 4		00:06:50.516	13:13	4.5mph	00:26:32.351	
				Split 5		00:06:33.334	12:39	4.7mph	00:33:05.685	
				Split 6		00:00:57.054	01:50	32.7mph	00:34:02.739	
111	MAUREEN KENNEDY		F: 71	Runner	90	00:34:06.79	10:58	5.5mph	Female 40 - 49:	22
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:57.796	11:31	5.2mph	00:05:57.796	
				Split 2		00:05:18.274	10:14	5.9mph	00:11:16.070	
				Split 3		00:05:32.627	10:42	5.6mph	00:16:48.697	
				Split 4		00:05:44.756	11:06	5.4mph	00:22:33.453	
				Split 5		00:05:58.647	11:32	5.2mph	00:28:32.100	
				Split 6		00:05:34.692	10:46	5.6mph	00:34:06.792	
112	ZACK MCCAIN		M: 41	Runner	247	00:34:17.72	11:02	5.4mph	Male 60 - 69:	6
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:27.244	10:32	5.7mph	00:05:27.244	
				Split 2		00:05:36.543	10:50	5.5mph	00:11:03.787	
				Split 3		00:05:53.384	11:22	5.3mph	00:16:57.171	
				Split 4		00:05:40.028	10:56	5.5mph	00:22:37.199	
				Split 5		00:05:59.525	11:34	5.2mph	00:28:36.724	
				Split 6		00:05:40.998	10:58	5.5mph	00:34:17.722	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
113	REGINA DILEGO		F: 72	Runner	133	00:34:21.50	11:03	5.4mph	Female 60 - 69:	7
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:23.488	10:24	5.8mph	00:05:23.488	
			Split 2			00:05:39.378	10:55	5.5mph	00:11:02.866	
			Split 3			00:05:45.737	11:07	5.4mph	00:16:48.603	
			Split 4			00:06:12.441	11:59	5.0mph	00:23:01.044	
			Split 5			00:05:49.453	11:15	5.3mph	00:28:50.497	
			Split 6			00:05:31.011	10:39	5.6mph	00:34:21.508	
114	LESLIE LOFTUS		F: 73	Runner	73	00:34:22.11	11:03	5.4mph	Female 50 - 59:	18
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:22.009	10:22	5.8mph	00:05:22.009	
			Split 2			00:05:38.686	10:54	5.5mph	00:11:00.695	
			Split 3			00:05:47.502	11:11	5.4mph	00:16:48.197	
			Split 4			00:06:12.847	12:00	5.0mph	00:23:01.044	
			Split 5			00:05:49.560	11:15	5.3mph	00:28:50.604	
			Split 6			00:05:31.515	10:40	5.6mph	00:34:22.119	
115	MARYA LAROCHE		F: 74	Runner	470	00:34:42.75	11:10	5.4mph	Female 40 - 49:	23
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:19.553	10:17	5.8mph	00:05:19.553	
			Split 2			00:05:48.092	11:12	5.4mph	00:11:07.645	
			Split 3			00:05:46.600	11:09	5.4mph	00:16:54.245	
			Split 4			00:05:44.528	11:05	5.4mph	00:22:38.773	
			Split 5			00:06:30.475	12:34	4.8mph	00:29:09.248	
			Split 6			00:05:33.502	10:44	5.6mph	00:34:42.750	
116	LORI JAYKO		F: 75	Runner	24	00:34:52.25	11:13	5.3mph	Female 40 - 49:	24
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:07:16.773	14:03	4.3mph	00:07:16.773	
			Split 2			00:05:16.760	10:11	5.9mph	00:12:33.533	
			Split 3			00:05:20.702	10:19	5.8mph	00:17:54.235	
			Split 4			00:05:29.698	10:36	5.7mph	00:23:23.933	
			Split 5			00:05:44.874	11:06	5.4mph	00:29:08.807	
			Split 6			00:05:43.443	11:03	5.4mph	00:34:52.250	
117	JIM LENNON		M: 42	Runner	371	00:35:12.15	11:19	5.3mph	Male 60 - 69:	7
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:04:53.489	09:27	6.3mph	00:04:53.489	
			Split 2			00:05:55.639	11:27	5.2mph	00:10:49.128	
			Split 3			00:06:03.272	11:41	5.1mph	00:16:52.400	
			Split 4			00:05:58.658	11:32	5.2mph	00:22:51.058	
			Split 5			00:06:15.958	12:06	5.0mph	00:29:07.016	
			Split 6			00:06:05.135	11:45	5.1mph	00:35:12.151	
118	JOCELYN HAY		F: 76	Runner	88	00:35:24.09	11:23	5.3mph	Female 40 - 49:	25
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:06:06.546	11:48	5.1mph	00:06:06.546	
			Split 2			00:05:43.246	11:03	5.4mph	00:11:49.792	
			Split 3			00:05:46.307	11:09	5.4mph	00:17:36.099	
			Split 4			00:05:56.107	11:27	5.2mph	00:23:32.206	
			Split 5			00:06:02.500	11:40	5.1mph	00:29:34.706	
			Split 6			00:05:49.386	11:15	5.3mph	00:35:24.092	
119	SHANNON DOYLE		F: 77	Runner	235	00:35:27.88	11:24	5.3mph	Female 40 - 49:	26
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:06:03.429	11:42	5.1mph	00:06:03.429	
			Split 2			00:05:55.370	11:26	5.2mph	00:11:58.799	
			Split 3			00:06:10.638	11:56	5.0mph	00:18:09.437	
			Split 4			00:06:08.301	11:51	5.1mph	00:24:17.738	
			Split 5			00:06:03.012	11:41	5.1mph	00:30:20.750	
			Split 6			00:05:07.136	09:53	6.1mph	00:35:27.886	
120	SHANNON DOOLAN		F: 78	Runner	479	00:35:32.80	11:26	5.2mph	Female 30 - 39:	21
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Split 1			00:05:21.785	10:21	5.8mph	00:05:21.785	
			Split 2			00:05:28.798	10:35	5.7mph	00:10:50.583	
			Split 3			00:06:40.846	12:54	4.6mph	00:17:31.429	
			Split 4			00:06:20.274	12:14	4.9mph	00:23:51.703	
			Split 5			00:06:04.963	11:45	5.1mph	00:29:56.666	
			Split 6			00:05:36.143	10:49	5.5mph	00:35:32.809	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
121	AMANDA HUGHES		F: 79	Runner	146	00:35:41.83	11:29	5.2mph	Female 20 - 29:	2
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:16.166	12:06	5.0mph	00:06:16.166	
				Split 2		00:05:51.011	11:18	5.3mph	00:12:07.177	
				Split 3		00:05:56.619	11:28	5.2mph	00:18:03.796	
				Split 4		00:06:08.469	11:51	5.1mph	00:24:12.265	
				Split 5		00:05:48.486	11:13	5.3mph	00:30:00.751	
				Split 6		00:05:41.082	10:58	5.5mph	00:35:41.833	
122	AMANDA CLARK		F: 80	Runner	353	00:35:44.24	11:30	5.2mph	Female 40 - 49:	27
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:47.493	11:11	5.4mph	00:05:47.493	
				Split 2		00:05:56.312	11:28	5.2mph	00:11:43.805	
				Split 3		00:05:48.514	11:13	5.3mph	00:17:32.319	
				Split 4		00:05:59.131	11:33	5.2mph	00:23:31.450	
				Split 5		00:06:07.507	11:50	5.1mph	00:29:38.957	
				Split 6		00:06:05.292	11:45	5.1mph	00:35:44.249	
123	RACHEL TOMKOWICZ		F: 81	Runner	224	00:35:45.62	11:30	5.2mph	Female 50 - 59:	19
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:07.339	11:49	5.1mph	00:06:07.339	
				Split 2		00:05:56.484	11:28	5.2mph	00:12:03.823	
				Split 3		00:05:49.769	11:15	5.3mph	00:17:53.592	
				Split 4		00:05:53.533	11:23	5.3mph	00:23:47.125	
				Split 5		00:06:01.551	11:38	5.2mph	00:29:48.676	
				Split 6		00:05:56.952	11:29	5.2mph	00:35:45.628	
124	KALEE CARMEL		F: 82	Runner	233	00:35:58.28	11:34	5.2mph	Female 20 - 29:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:15.615	12:05	5.0mph	00:06:15.615	
				Split 2		00:05:43.554	11:03	5.4mph	00:11:59.169	
				Split 3		00:05:49.897	11:15	5.3mph	00:17:49.066	
				Split 4		00:05:51.051	11:18	5.3mph	00:23:40.117	
				Split 5		00:06:08.960	11:52	5.1mph	00:29:49.077	
				Split 6		00:06:09.212	11:53	5.0mph	00:35:58.289	
125	CORI SCADUTO		F: 83	Runner	86	00:36:15.71	11:40	5.1mph	Female 30 - 39:	22
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:38.338	10:53	5.5mph	00:05:38.338	
				Split 2		00:06:07.069	11:49	5.1mph	00:11:45.407	
				Split 3		00:06:20.682	12:15	4.9mph	00:18:06.089	
				Split 4		00:06:10.649	11:56	5.0mph	00:24:16.738	
				Split 5		00:06:08.346	11:51	5.1mph	00:30:25.084	
				Split 6		00:05:50.635	11:17	5.3mph	00:36:15.719	
126	KIM MURDOCK		F: 84	Runner	68	00:36:17.25	11:40	5.1mph	Female 50 - 59:	20
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:36.800	12:46	4.7mph	00:06:36.800	
				Split 2		00:05:48.932	11:14	5.3mph	00:12:25.732	
				Split 3		00:05:47.791	11:11	5.4mph	00:18:13.523	
				Split 4		00:06:03.614	11:42	5.1mph	00:24:17.137	
				Split 5		00:06:21.741	12:17	4.9mph	00:30:38.878	
				Split 6		00:05:38.374	10:53	5.5mph	00:36:17.252	
127	LANDON HNATONKO		M: 43	Runner	100	00:36:26.77	11:43	5.1mph	Male 0 - 19:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:04:56.955	09:33	6.3mph	00:04:56.955	
				Split 2		00:05:32.069	10:41	5.6mph	00:10:29.024	
				Split 3		00:05:49.313	11:14	5.3mph	00:16:18.337	
				Split 4		00:06:43.624	12:59	4.6mph	00:23:01.961	
				Split 5		00:06:48.473	13:09	4.6mph	00:29:50.434	
				Split 6		00:06:36.342	12:45	4.7mph	00:36:26.776	
128	KELLY BAUMES		F: 85	Runner	480	00:36:27.15	11:43	5.1mph	Female 30 - 39:	23
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:35.188	12:43	4.7mph	00:06:35.188	
				Split 2		00:06:16.416	12:07	5.0mph	00:12:51.604	
				Split 3		00:06:05.339	11:45	5.1mph	00:18:56.943	
				Split 4		00:06:02.664	11:40	5.1mph	00:24:59.607	
				Split 5		00:05:37.180	10:51	5.5mph	00:30:36.787	
				Split 6		00:05:50.372	11:16	5.3mph	00:36:27.159	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
129	ANDREA VILLAMAINO		F: 86	Runner	742	00:36:28.66	11:44	5.1mph	Female 30 - 39:	24
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:03.899	11:43	5.1mph	00:06:03.899	
				Split 2		00:06:10.900	11:56	5.0mph	00:12:14.799	
				Split 3		00:06:10.244	11:55	5.0mph	00:18:25.043	
				Split 4		00:06:05.925	11:46	5.1mph	00:24:30.968	
				Split 5		00:06:06.666	11:48	5.1mph	00:30:37.634	
				Split 6		00:05:51.026	11:18	5.3mph	00:36:28.660	
130	MYRA WILK		F: 87	Runner	243	00:36:48.94	11:50	5.1mph	Female 60 - 69:	8
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:14.503	12:03	5.0mph	00:06:14.503	
				Split 2		00:06:12.518	11:59	5.0mph	00:12:27.021	
				Split 3		00:06:10.274	11:55	5.0mph	00:18:37.295	
				Split 4		00:06:07.211	11:49	5.1mph	00:24:44.506	
				Split 5		00:06:06.904	11:48	5.1mph	00:30:51.410	
				Split 6		00:05:57.533	11:30	5.2mph	00:36:48.943	
131	JASON HNATONKO		M: 44	Runner	249	00:37:42.08	12:08	4.9mph	Male 40 - 49:	15
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:10.328	11:55	5.0mph	00:06:10.328	
				Split 2		00:06:10.295	11:55	5.0mph	00:12:20.623	
				Split 3		00:06:12.430	11:59	5.0mph	00:18:33.053	
				Split 4		00:06:28.415	12:30	4.8mph	00:25:01.468	
				Split 5		00:06:37.942	12:48	4.7mph	00:31:39.410	
				Split 6		00:06:02.671	11:40	5.1mph	00:37:42.081	
132	MORGAN LEIGHFIELD		F: 88	Runner	27	00:37:46.63	12:09	4.9mph	Female 20 - 29:	4
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:48.228	11:12	5.4mph	00:05:48.228	
				Split 2		00:06:12.951	12:00	5.0mph	00:12:01.179	
				Split 3		00:06:14.085	12:02	5.0mph	00:18:15.264	
				Split 4		00:06:42.240	12:57	4.6mph	00:24:57.504	
				Split 5		00:06:35.415	12:43	4.7mph	00:31:32.919	
				Split 6		00:06:13.718	12:02	5.0mph	00:37:46.637	
133	STACIE PANETTI		F: 89	Runner	75	00:37:47.38	12:09	4.9mph	Female 40 - 49:	28
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:02.524	11:40	5.1mph	00:06:02.524	
				Split 2		00:06:17.884	12:10	4.9mph	00:12:20.408	
				Split 3		00:06:21.792	12:17	4.9mph	00:18:42.200	
				Split 4		00:06:24.915	12:23	4.8mph	00:25:07.115	
				Split 5		00:06:23.836	12:21	4.9mph	00:31:30.951	
				Split 6		00:06:16.431	12:07	5.0mph	00:37:47.382	
134	KELLIE HARRINGTON		F: 90	Runner	142	00:37:47.38	12:09	4.9mph	Female 30 - 39:	25
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:37.532	10:52	5.5mph	00:05:37.532	
				Split 2		00:06:24.312	12:22	4.8mph	00:12:01.844	
				Split 3		00:06:13.940	12:02	5.0mph	00:18:15.784	
				Split 4		00:06:42.291	12:57	4.6mph	00:24:58.075	
				Split 5		00:06:34.029	12:41	4.7mph	00:31:32.104	
				Split 6		00:06:15.279	12:05	5.0mph	00:37:47.383	
135	DENISE LEBEAU		F: 91	Runner	31	00:38:17.39	12:19	4.9mph	Female 50 - 59:	21
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:10.507	11:55	5.0mph	00:06:10.507	
				Split 2		00:06:19.513	12:13	4.9mph	00:12:30.020	
				Split 3		00:06:23.483	12:20	4.9mph	00:18:53.503	
				Split 4		00:06:34.988	12:43	4.7mph	00:25:28.491	
				Split 5		00:06:23.845	12:21	4.9mph	00:31:52.336	
				Split 6		00:06:25.058	12:23	4.8mph	00:38:17.394	
136	TAREN BALARDINI		F: 92	Runner	113	00:38:29.54	12:23	4.8mph	Female 20 - 29:	5
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:20.206	12:14	4.9mph	00:06:20.206	
				Split 2		00:06:41.897	12:56	4.6mph	00:13:02.103	
				Split 3		00:06:29.172	12:31	4.8mph	00:19:31.275	
				Split 4		00:06:35.553	12:44	4.7mph	00:26:06.828	
				Split 5		00:06:22.806	12:19	4.9mph	00:32:29.634	
				Split 6		00:05:59.907	11:35	5.2mph	00:38:29.541	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
137	ASHLEY ALTER		F: 93	Runner	44	00:38:39.26	12:26	4.8mph	Female 30 - 39:	26
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:05:49.226	11:14	5.3mph	00:05:49.226	
				Split 2		00:05:39.837	10:56	5.5mph	00:11:29.063	
				Split 3		00:06:44.174	13:00	4.6mph	00:18:13.237	
				Split 4		00:06:58.660	13:28	4.5mph	00:25:11.897	
				Split 5		00:06:53.041	13:17	4.5mph	00:32:04.938	
				Split 6		00:06:34.330	12:41	4.7mph	00:38:39.268	
138	GAIL WOOD		F: 94	Runner	51	00:39:11.66	12:36	4.8mph	Female 60 - 69:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:01.429	13:34	4.4mph	00:07:01.429	
				Split 2		00:06:08.437	11:51	5.1mph	00:13:09.866	
				Split 3		00:06:54.108	13:20	4.5mph	00:20:03.974	
				Split 4		00:06:39.796	12:52	4.7mph	00:26:43.770	
				Split 5		00:06:25.935	12:25	4.8mph	00:33:09.705	
				Split 6		00:06:01.964	11:39	5.1mph	00:39:11.669	
139	RENEE KEATER		F: 95	Runner	741	00:39:14.94	12:37	4.7mph	Female 40 - 49:	29
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:40.214	12:53	4.7mph	00:06:40.214	
				Split 2		00:06:28.490	12:30	4.8mph	00:13:08.704	
				Split 3		00:06:35.590	12:44	4.7mph	00:19:44.294	
				Split 4		00:06:33.912	12:41	4.7mph	00:26:18.206	
				Split 5		00:06:29.213	12:31	4.8mph	00:32:47.419	
				Split 6		00:06:27.530	12:28	4.8mph	00:39:14.949	
140	CHERIE DRAYMAN		F: 96	Runner	47	00:39:22.47	12:40	4.7mph	Female 40 - 49:	30
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:34.816	12:42	4.7mph	00:06:34.816	
				Split 2		00:06:30.873	12:35	4.8mph	00:13:05.689	
				Split 3		00:06:33.051	12:39	4.7mph	00:19:38.740	
				Split 4		00:06:40.095	12:52	4.7mph	00:26:18.835	
				Split 5		00:06:32.158	12:37	4.8mph	00:32:50.993	
				Split 6		00:06:31.478	12:36	4.8mph	00:39:22.471	
141	ESTHER BALARDINI		F: 97	Runner	746	00:39:53.46	12:50	4.7mph	Female 50 - 59:	22
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:38.667	12:50	4.7mph	00:06:38.667	
				Split 2		00:06:21.070	12:16	4.9mph	00:12:59.737	
				Split 3		00:06:30.031	12:33	4.8mph	00:19:29.768	
				Split 4		00:06:42.424	12:57	4.6mph	00:26:12.192	
				Split 5		00:06:51.060	13:14	4.5mph	00:33:03.252	
				Split 6		00:06:50.212	13:12	4.5mph	00:39:53.464	
142	THOMAS BALARDINI JR		M: 45	Runner	747	00:39:53.84	12:50	4.7mph	Male 50 - 59:	9
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:39.491	12:51	4.7mph	00:06:39.491	
				Split 2		00:06:22.348	12:18	4.9mph	00:13:01.839	
				Split 3		00:06:28.167	12:29	4.8mph	00:19:30.006	
				Split 4		00:06:42.744	12:58	4.6mph	00:26:12.750	
				Split 5		00:06:49.987	13:12	4.5mph	00:33:02.737	
				Split 6		00:06:51.106	13:14	4.5mph	00:39:53.843	
143	MELISSA BRITES		F: 98	Runner	748	00:39:59.43	12:52	4.7mph	Female 50 - 59:	23
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:35.750	12:44	4.7mph	00:06:35.750	
				Split 2		00:06:27.268	12:28	4.8mph	00:13:03.018	
				Split 3		00:06:44.834	13:02	4.6mph	00:19:47.852	
				Split 4		00:06:55.280	13:22	4.5mph	00:26:43.132	
				Split 5		00:06:49.644	13:11	4.5mph	00:33:32.776	
				Split 6		00:06:26.663	12:27	4.8mph	00:39:59.439	
144	MISTY KARDASEN		F: 99	Runner	174	00:40:04.93	12:54	4.7mph	Female 40 - 49:	31
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:20.004	14:10	4.2mph	00:07:20.004	
				Split 2		00:06:41.137	12:54	4.6mph	00:14:01.141	
				Split 3		00:06:34.411	12:41	4.7mph	00:20:35.552	
				Split 4		00:06:38.761	12:50	4.7mph	00:27:14.313	
				Split 5		00:06:40.319	12:53	4.7mph	00:33:54.632	
				Split 6		00:06:10.303	11:55	5.0mph	00:40:04.935	

Frosted Mug Race Series #2

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
145	JULIE CIUK		F: 100	Runner	20	00:41:50.91	13:28	4.5mph	Female 40 - 49:	32
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:03.267	13:37	4.4mph	00:07:03.267	
				Split 2		00:06:48.357	13:08	4.6mph	00:13:51.624	
				Split 3		00:06:53.652	13:19	4.5mph	00:20:45.276	
				Split 4		00:07:11.966	13:54	4.3mph	00:27:57.242	
				Split 5		00:07:00.211	13:31	4.4mph	00:34:57.453	
				Split 6		00:06:53.460	13:18	4.5mph	00:41:50.913	
146	RUTH JONES		F: 101	Runner	58	00:42:03.98	13:32	4.4mph	Female 40 - 49:	33
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:14.285	13:59	4.3mph	00:07:14.285	
				Split 2		00:06:49.287	13:10	4.6mph	00:14:03.572	
				Split 3		00:07:09.049	13:48	4.3mph	00:21:12.621	
				Split 4		00:06:59.980	13:31	4.4mph	00:28:12.601	
				Split 5		00:06:56.202	13:24	4.5mph	00:35:08.803	
				Split 6		00:06:55.180	13:22	4.5mph	00:42:03.983	
147	SUSAN WIRKKI		F: 102	Runner	52	00:42:09.72	13:34	4.4mph	Female 70 - 120:	3
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:13.431	13:57	4.3mph	00:07:13.431	
				Split 2		00:06:48.550	13:09	4.6mph	00:14:01.981	
				Split 3		00:07:11.308	13:53	4.3mph	00:21:13.289	
				Split 4		00:07:04.130	13:39	4.4mph	00:28:17.419	
				Split 5		00:06:56.888	13:25	4.5mph	00:35:14.307	
				Split 6		00:06:55.416	13:22	4.5mph	00:42:09.723	
148	AUBREY SHIELDS		F: 103	Runner	69	00:42:34.05	13:42	4.4mph	Female 30 - 39:	27
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:51.144	13:14	4.5mph	00:06:51.144	
				Split 2		00:07:04.071	13:39	4.4mph	00:13:55.215	
				Split 3		00:07:24.333	14:18	4.2mph	00:21:19.548	
				Split 4		00:06:53.400	13:18	4.5mph	00:28:12.948	
				Split 5		00:07:11.572	13:53	4.3mph	00:35:24.520	
				Split 6		00:07:09.538	13:49	4.3mph	00:42:34.058	
149	ALLISON KLINK		F: 104	Runner	91	00:42:34.78	13:42	4.4mph	Female 30 - 39:	28
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:52.249	13:16	4.5mph	00:06:52.249	
				Split 2		00:07:02.261	13:35	4.4mph	00:13:54.510	
				Split 3		00:07:25.340	14:20	4.2mph	00:21:19.850	
				Split 4		00:06:54.125	13:20	4.5mph	00:28:13.975	
				Split 5		00:07:12.412	13:55	4.3mph	00:35:26.387	
				Split 6		00:07:08.397	13:47	4.3mph	00:42:34.784	
150	MATT CRIPPS		M: 46	Runner	37	00:44:35.23	14:21	4.2mph	Male 40 - 49:	16
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:06:16.417	12:07	5.0mph	00:06:16.417	
				Split 2		00:07:06.935	13:44	4.4mph	00:13:23.352	
				Split 3		00:07:54.206	15:16	3.9mph	00:21:17.558	
				Split 4		00:07:31.363	14:32	4.1mph	00:28:48.921	
				Split 5		00:08:30.375	16:26	3.7mph	00:37:19.296	
				Split 6		00:07:15.938	14:02	4.3mph	00:44:35.234	
151	CAITLIN BRENNAN		F: 105	Runner	87	00:45:35.29	14:40	4.1mph	Female 30 - 39:	29
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:12:10.642	23:31	2.6mph	00:12:10.642	
				Split 2		00:06:33.914	12:41	4.7mph	00:18:44.556	
				Split 3		00:06:40.143	12:53	4.7mph	00:25:24.699	
				Split 4		00:06:35.824	12:44	4.7mph	00:32:00.523	
				Split 5		00:06:58.939	13:29	4.4mph	00:38:59.462	
				Split 6		00:06:35.828	12:44	4.7mph	00:45:35.290	
152	LYNN OSAKI		F: 106	Runner	232	00:48:46.49	15:41	3.8mph	Female 40 - 49:	34
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1		00:07:45.851	15:00	4.0mph	00:07:45.851	
				Split 2		00:08:11.658	15:49	3.8mph	00:15:57.509	
				Split 3		00:08:10.078	15:46	3.8mph	00:24:07.587	
				Split 4		00:08:12.179	15:50	3.8mph	00:32:19.766	
				Split 5		00:08:25.589	16:16	3.7mph	00:40:45.355	
				Split 6		00:08:01.136	15:29	3.9mph	00:48:46.491	

Frosted Mug Race Series #2

Place Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
153 CATHY BRIGGS		F: 107	Runner	108	00:50:49.94	16:21	3.7mph	Female 50 - 59: 24
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			00:08:53.955	17:11	3.5mph	00:08:53.955
		Split 2			00:09:02.702	17:28	3.4mph	00:17:56.657
		Split 3			00:09:02.023	17:27	3.4mph	00:26:58.680
		Split 4			00:09:09.731	17:42	3.4mph	00:36:08.411
		Split 5			00:07:50.859	15:09	4.0mph	00:43:59.270
		Split 6			00:06:50.676	13:13	4.5mph	00:50:49.946