Glen Meadows Races 5K 2019

lace Name 1 TOM GAIS	Hometown	Gender M: 1		b # 57	Time 00:25:04.59	Pace 08:04	Speed 7 4mph	Division Rank Overall Male Runner: 1
I TOW GAIS		Split Description		J1				
		Finish Split 2	<u>Split Time</u> 00:12:28.328 00:12:36.266		<u>Pace</u> 08:06	<u>Speed</u> 0.0mph 7.4mph		<u>Cumulative</u> 00:12:28.328 00:25:04.594
2 RYAN MCCASLAND		M: 2	Runner 95	54	00:25:26.45	08:11	7.3mph	Overall Male Runner: 2
		<u>Split Description</u> Finish	<u>Split Time</u> 00:12:36.936		<u>Pace</u>	Spe 0.0m		<u>Cumulative</u> 00:12:36.936
		Split 2	00:12:49.518		08:15	7.3m	•	00:25:26.454
3 JAIME CAMPBELL		F: 1	Runner 23	38	00:25:38.36	08:15	7.3mph	Overall Female Runner: 1
		<u>Split Description</u> Finish	<u>Split Time</u> 00:13:02.266		<u>Pace</u>	<u>Spe</u> 0.0m		<u>Cumulative</u> 00:13:02.266
		Split 2	00:12:36.094		08:06	7.4m	•	00:25:38.360
4 JEFF POLLACK		M: 3	Runner 94	45	00:26:37.40	08:34	7.0mph	Overall Male Runner: 3
		Split Description Finish	<u>Split Time</u> 00:13:07.376		<u>Pace</u>	<u>Spe</u> 0.0m		<u>Cumulative</u> 00:13:07.376
		Split 2	00:13:30.030		08:41	6.9m	•	00:26:37.406
5 HEATHER SEELY MCDERMOTT	ı	F: 2		59	00:26:38.85	08:34	•	
		Split Description	Split Time		<u>Pace</u>	<u>Spe</u>	<u>ed</u>	Cumulative
		Finish Split 2	00:13:39.094 00:12:59.762		08:21	0.0m 7.2m	•	00:13:39.094 00:26:38.856
SHENNA BURKE		F: 3		 95	00:27:15.48	08:46		Overall Female Runner: 3
O OHENNA BURKE		Split Description	Split Time	55	Pace	00.40 <u>Spe</u>	•	Cumulative
		Finish	00:13:41.770			0.0m	nph	00:13:41.770
7 NIKKI MADDALENA		Split 2 F: 4	00:13:33.715 Runner 94	43	08:43 00:28:11.64	6.9m		00:27:15.485 Overall Female Runner: 4
7 MIKKI WADDALLINA		Split Description	Split Time	40	Pace	Spe	•	Cumulative
		Finish	00:13:46.268			0.0m	nph	00:13:46.268
D IACON IAVICO		Split 2	00:14:25.373	07	09:17	6.5m		00:28:11.641
B JASON JAYKO		M: 4 Split Description	Runner 23 Split Time	37	00:28:32.79 Pace	09:11 <u>Spe</u>	•	Overall Male Runner: 4 Cumulative
		Finish	00:13:33.615			0.0m	nph	00:13:33.615
O JOANNA DEDDV		Split 2	00:14:59.182	46	09:38	6.2m		00:28:32.797
9 JOANNA PERRY		F: 5 Split Description	Runner 94 Split Time	46	00:28:52.92 <u>Pace</u>	09:17 Spe	•	Overall Female Runner: 5 <u>Cumulative</u>
		<u>Spin Description</u> Finish	00:13:58.896		race	0.0m		00:13:58.896
		Split 2	00:14:54.033		09:35	6.3m	·	00:28:52.929
10 JEN BREWER		F: 6		50	00:30:35.09	09:50		Overall Female Runner: 6
		<u>Split Description</u> Finish	<u>Split Time</u> 00:14:37.942		<u>Pace</u>	<u>Spe</u> 0.0m		<u>Cumulative</u> 00:14:37.942
		Split 2	00:15:57.153		10:16	5.8m	•	00:30:35.095
11 EMILY STOCKMAN		F: 7	Runner 23	35	00:31:37.15	10:10	5.9mph	Overall Female Runner: 7
		Split Description	Split Time		<u>Pace</u>	<u>Spe</u>		<u>Cumulative</u>
		Finish Split 2	00:15:48.758 00:15:48.400		10:10	0.0m 5.9m	•	00:15:48.758 00:31:37.158
12 JEN GLOCKNER		F: 8	Runner 95	56	00:32:06.75	10:20	·	Overall Female Runner: 8
		Split Description	Split Time		<u>Pace</u>	<u>Spe</u>		Cumulative
		Finish Split 2	00:15:58.657 00:16:08.094		10:23	0.0m 5.8m	•	00:15:58.657 00:32:06.751
		F: 9		44	00:32:07.33	10:20		Overall Female Runner: 9
13 ANN MARIE MUTZ			Split Time		<u>Pace</u>	Spe	•	Cumulative
13 ANN MARIE MUTZ		Split Description				0.0m	nph	00:16:13.939
13 ANN MARIE MUTZ		Finish	00:16:13.939		10:13		nnh	00:32:07.336
		Finish Split 2	00:15:53.397	11		5.9m		
		Finish Split 2 F: 10	00:15:53.397 Runner 9	11	00:32:33.95	10:28	5.7mph	Overall Female Runner: 1
		Finish Split 2 F: 10 Split Description Finish	00:15:53.397 Runner 9 <u>Split Time</u> 00:16:42.111	11	00:32:33.95 <u>Pace</u>	10:28 <u>Spe</u> 0.0m	5.7mph ed nph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111
14 MABYN GORMAN		Finish Split 2 F: 10 Split Description Finish Split 2	00:15:53.397 Runner 9' <u>Split Time</u> 00:16:42.111 00:15:51.848		00:32:33.95 <u>Pace</u> 10:12	10:28 <u>Spe</u> 0.0m 5.9m	5.7mph ed aph aph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959
13 ANN MARIE MUTZ 14 MABYN GORMAN 15 ANNA LOTTO		Finish Split 2 F: 10 Split Description Finish Split 2 F: 11	00:15:53.397 Runner 9: <u>Split Time</u> 00:16:42.111 00:15:51.848 Runner 90	04	00:32:33.95 <u>Pace</u> 10:12 00:32:34.33	10:28 <u>Spe</u> 0.0m 5.9m 10:29	5.7mph ed nph nph 5.7mph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959 Overall Female Runner: 1
14 MABYN GORMAN		Finish Split 2 F: 10 Split Description Finish Split 2	00:15:53.397 Runner 9' <u>Split Time</u> 00:16:42.111 00:15:51.848		00:32:33.95 <u>Pace</u> 10:12	10:28 <u>Spe</u> 0.0m 5.9m	5.7mph ed aph aph 5.7mph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959
14 MABYN GORMAN 15 ANNA LOTTO		Finish Split 2 F: 10 Split Description Finish Split 2 F: 11 Split Description Finish Split 2	00:15:53.397 Runner 9: Split Time 00:15:51.848 Runner 9: Split Time 00:17:23.715 00:15:10.621	04	00:32:33.95 <u>Pace</u> 10:12 00:32:34.33 <u>Pace</u> 09:46	10:28 <u>Spe</u> 0.0m 5.9m 10:29 <u>Spe</u> 0.0m 6.1m	5.7mph ed aph aph 5.7mph ed aph aph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959 Overall Female Runner: 1: <u>Cumulative</u> 00:17:23.715 00:32:34.336
14 MABYN GORMAN		Finish Split 2 F: 10 Split Description Finish Split 2 F: 11 Split Description Finish Split 2 F: 112	00:15:53.397 Runner 9: Split Time 00:16:42.111 00:15:51.848 Runner 9: Split Time 00:17:23.715 00:15:10.621 Runner 2:		00:32:33.95	10:28 <u>Spe</u> 0.0m 5.9m 10:29 <u>Spe</u> 0.0m 6.1m 10:30	5.7mph ed nph nph 5.7mph 5.7mph ed nph nph nph nph nph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959 Overall Female Runner: 1 <u>Cumulative</u> 00:17:23.715 00:32:34.336 Overall Female Runner: 1
14 MABYN GORMAN 15 ANNA LOTTO		Finish Split 2 F: 10 Split Description Finish Split 2 F: 11 Split Description Finish Split 2	00:15:53.397 Runner 9: Split Time 00:15:51.848 Runner 9: Split Time 00:17:23.715 00:15:10.621	04	00:32:33.95 <u>Pace</u> 10:12 00:32:34.33 <u>Pace</u> 09:46	10:28 <u>Spe</u> 0.0m 5.9m 10:29 <u>Spe</u> 0.0m 6.1m	5.7mph ed pph pph 5.7mph ed pph pph 5.7mph 5.7mph ed pph pph	Overall Female Runner: 10 <u>Cumulative</u> 00:16:42.111 00:32:33.959 Overall Female Runner: 10 <u>Cumulative</u> 00:17:23.715 00:32:34.336

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Place Nar	me	Hometown	Gender	Type	Bib#	Time	Pace	Speed	Division Rank
17 MA	RYA LAROCHE		F: 13	Runner	868	00:33:20.00	10:43	5.6mph	Overall Female Runner: 13
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	<u>S</u>	<u>eed</u>	Cumulative
			Finish	Finish 00:16:01.546			0.0mph		00:16:01.546
			Split 2	00:17:18.455		11:08	5.4mph		00:33:20.001
18 MA	UREEN KENNEDY		F: 14	Runner	955	00:33:32.24	10:47	5.6mph	Overall Female Runner: 14
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	<u>S</u>	<u>eed</u>	Cumulative
			Finish	00:16:15.6	501		0.0)mph	00:16:15.601
			Split 2	00:17:16.6	640	11:07	5.4	1mph	00:33:32.241
19 HE	ATHER BEAUDREAU		F: 15	Runner	958	00:36:15.84	11:40	5.1mph	Overall Female Runner: 15
		Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	St	peed	Cumulative	
			Finish	00:17:55.0	032		0.0)mph	00:17:55.032
		Split 2	00:18:20.8	817	11:48	5.1	mph	00:36:15.849	
20 KEI	ITH ANDERSEN		M: 5	Runner	240	00:42:31.23	13:41	4.4mph	Overall Male Runner: 5
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	<u>S</u>	<u>eed</u>	Cumulative
			Finish	00:20:20.	105		0.0)mph	00:20:20.105
			Split 2	00:22:11.130		14:16	4.2mph		00:42:31.235
21 LE\	VI DENMARK		M: 6	Runner	898	00:45:04.90	14:30	4.1mph	Overall Male Runner: 6
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	Sı	<u>eed</u>	Cumulative
			Finish	00:18:52.2	267		0.0)mph	00:18:52.267
			Split 2	00:26:12.6	539	16:52	3.6	Smph	00:45:04.906
22 JON	NATHAN DENMARK	PITTSFIELD, MA	M: 7	Runner	901	00:45:05.55	14:30	4.1mph	Overall Male Runner: 7
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	Sp	peed	Cumulative
			Finish	00:18:52.124			0.0)mph	00:18:52.124
			Split 2	00:26:13.4	432	16:52	3.6	Smph	00:45:05.556
23 DO	RIS ANDERSEN		F: 16	Runner	239	00:45:22.81	14:36	4.1mph	Overall Female Runner: 16
			Split Description	Split Tin	ne	Pace	S	peed	Cumulative
			Finish	00:22:21.8	_		_		00:22:21.891
			Split 2	00:23:00.9	222	14:48		,	00:45:22.813

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